

# THE MEMORIAL MEMO

THE TORCH HELD HIGH



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**IMPORTANT REMINDER:  
REGISTRATION FOR THE 2022-  
2023 SCHOOL YEAR CLOSSES ON  
MARCH 18. REGISTER HERE**

## PRINCIPAL'S MESSAGE

Dear Marauder Parents,

Ms. Fisk, Ms. Jewell and I were delivering coffee to the staff last Friday morning as an appreciation for all of their hard work. During the coffee run, Ms. Fisk reminded me that it was "halfway Friday". We are now halfway through Quarter 3. Please check your student's PowerSchool to ensure that they are on track with their work. It's much easier to catch up on work in a timely manner. We don't want deadlines to pass.

I've been keeping you up to date with the work of the Let's Act Now student team. On Pink Shirt Day, the team released the MCHS Belonging Statement to the students. We are featuring it on the [MCHS Students page](#). Please check it out. There is a video featuring the LAN Team (and many others) sharing the statement as well as a little bit of information about the Memorial school motto, "The Torch Held High". We will be focusing on revitalizing our school motto as a recommendation from the LAN Team.

**IMPORTANT - Gr 10 & 11 Parents** - As of the writing of this message, two thirds of our current MCHS students are NOT registered for next year. We will be doing course selections immediately following spring break for 22-23. If your child is not registered, they will not be permitted to select their courses. Please go to the [PSD registration page](#) to tend to this important task. The registration system closes March 18 at 4:30.

In the meantime, enjoy the improving weather and daylight! Have an excellent Spring Break!

Ms. Jensen, Principal

# Memorial Composite High School's Belonging Statement

At Memorial, each of us contributes to inclusion in our own individual ways. We recognize that we are still learning and continuing to grow. By examining ourselves and our biases, we can start conversations and strive to be better. We are willing to challenge our ways of thinking and open ourselves to different ideas. Our staff, students, and school community are committed to being respectful and listening to the concerns of others. This includes being kind, helping each other, and reaching out when needed. To be an equitable school means we must support each person in a way that best suits their unique needs. Together we will continue to create a safe, caring, and inclusive school community. Creating a culture of equity continues to be important work and is not easy; however, MCHS is resilient and committed to growing and rising to the challenge.

**Together we will ensure the Torch is Held High.**

## FEBRUARY HAPPENINGS

- 01 - Q3 First Day of Classes
- 07 - G&G Executive Meeting - 6:30
- 10-11 - Teacher Convention
- 10-12 Sr. Basketball Tournament Queen E.
- 14 - 2022-23 Registration Opens
- 14 - Valentine's Day
- 7-19 Jr. Basketball Tournament Strathcona Christian Academy
- 18 - PD Day - No Classes
- 21 - Family Day
- 23 - Pink Shirt Day
- 28 - School Council - 7:00

## **BELL SCHEDULE FOR Q3**

### **Mondays:**

- Block 1 8:30 - 11:25 am**
- Lunch 11:25 - 12:25 pm**
- Block 2 12:25 - 3:20 pm**

### **Tuesdays-Fridays:**

- Block 1 8:30 - 11:03 am**
- Lunch 11:03 - 12:03 pm**
- Block 2 12:03 - 2:35 pm**
- Torch Time 2:40 - 3:20 pm**

## MARCH KEY DATES

- 01-04 - Grad Photo Retakes
- 01 - Monochrome Day
- 01 - First Time High School Parents Video Release
- 01 - Q3 Parent Teacher Interviews - 5:00-6:30
- 03-04 Robotics Competition - Strathmore
- 04 - Anime Movie Night
- 05 - Business Competition Club - Virtual SAIT Case Clash Competition
- 07 - Green & Gold Meeting - 6:30
- 08 - Dress Like a Teacher Day
- 10 - Grade 9 Virtual Open House - 6:30-8:00
- 2 - Business Competition Club - MacEwan Virtual Case Competition
- 13 - Daylight Savings Time Begins (forward one hour)
- 14 - School Council - 7:00
- 17 - St Patrick's Day
- 17 - Rotary Bikeathon (tentative)
- 18 - 2022-2023 Registration Closes
- 21-25 - Spring Break
- 28 - PD Day - No Classes
- 29-30 MCHS Drama Production - Horizon Stage

## MCHS GRADE ADMINISTRATORS

**GRADE 10 - MS. JEWELL**

**GRADE 11 - MR. COGHILL**

**GRADE 12 - MS. FISK**





## PowerSchool

This is our parents' primary way to check in on their child's marks/assignments, update contact information, and pay fees.

Sign into your account [here](#). Please contact Mrs. Campbell at the office if you need assistance accessing your account.

## Reporting an Absence?

Please email [mchs.absence@psd.ca](mailto:mchs.absence@psd.ca) or call 780-963-2255 and dial 1 anytime to leave a message. Please leave your child's full name, grade, and details of the absence.

## School Fees Are Due

Please note that school fees are not visible on the PowerSchool App. Access to all information is only available through the [website](#).

Please log in to your [parent PowerSchool account](#) or come into the school to pay your high school fees. If you have any questions, please contact Ms. Miller at the Finance Office.

## Reaching Your Child At School

Cell phones can be a distraction and a disruption to classroom learning. Our teachers and your kids have worked hard together to come up with routines so that cellphones are not disrupting class. Here are some things for parents to know about communicating with their kids while they are at school.

During class time, your child has most likely turned off the phone and put it in a pouch on the classroom wall. They may not be able to respond immediately.

You can contact your child during their designated lunch hour:

Mondays: 11:25 - 12:25

Tues-Fri: 11:03 - 12:03

We appreciate your support in reaching your child directly to minimize disruption to classroom instruction. Of course, we are happy to assist in an emergency.

“

*“The expert at anything was once a beginner.” - Helen Hayes*

# MEMORIAL COMPOSITE HIGH SCHOOL

## School Council

Next School Council Meeting:  
Monday, March 14, 2022 - 7:00 pm

[Join by Google Meet](#)

For more information visit our [website](#)

## Green & Gold

Next Green & Gold Athletics Meetings:  
Monday, March 7 - 6:30 [Join by Google Meet](#)

[G&G Website](#)

Bingo volunteer times available:

<https://greenandgold.ivolunteer.com/>

## Have you set up your MyPass Account Yet?

myPass is the self-service website for the education documentation of Alberta students. It is very important that all students set up their myPass account while in high school, but it is particularly important for Grade 12 students. This is the only way that Grade 12 students will find out their diploma exams marks.

Go to <https://mypass.alberta.ca> and "Sign in With an Education Account". Students require their Alberta Student Number (which can be found on PowerSchool) and a personal email address. Do not use your psdblogs account because it will be deactivated when you graduate. Please stop by Student Services if you have questions or require assistance.

## TORCH TIME

### IMPORTANT REMINDERS:

- Monday Torch Time is integrated into class time and therefore, Mondays will run on a full day bell schedule with dismissal continuing to be at 3:20 pm. This changes lunch time on Mondays to 11:25 am - 12:25 pm.
- Tuesdays to Fridays will continue to have Torch Time scheduled from 2:40 - 3:20 pm and lunch will run from 11:03 am - 12:03 pm.
- Students and the school are still accountable for the whereabouts of students until the end of the full school day. All students need to be signed up for a Torch Session every Tuesday to Friday through PowerSchool.
- Parents and teachers can also sign up a student for a Torch Session. Students cannot unenroll from those sessions. There is a video below explaining to parents how they can sign their child up for a session.
- If a student is in good standing (meeting the expectations of their teachers, parents, and themselves) and have all of their assignments submitted to a passing level, they may use that time for a personal interest Torch Session (Open Gym, Fitness Training, etc.) or sign up to be Off Campus With Parent Approval. Students are also encouraged to sign up for academic sessions if they wish to improve their marks.

[Video - How to sign up for Torch Time using a phone](#)

[Video - How to sign up for Torch Time on PowerSchool Website](#)

# MEMORIAL COMPOSITE HIGH SCHOOL

## Now Available! First Time High School Parents Video

### First Time Parent Information Video

MCHS has produced an informational video which provides an opportunity for parents/guardians who have a child entering high school for the first time to have clarification on what the high school transition and course selection process will look like.

Although we won't have the traditional in-person parent meeting, we hope that the information shared will help first time MCHS parents to become familiar with making the move to MCHS, including registration and course selections. As well this will allow parents to be able to put a face to the names of school administration and counsellors.

More information on programming can be found on the [MCHS website](#) in the [Our Programs](#) dropdown menu.

More information on registration can be found on the [PSD website](#) in the Registration Quick Link.

## Virtual Open House - March 10 6:30-8:00 pm

MCHS will be running a virtual event which is meant for parents and students interested in learning about programming at MCHS. The virtual open house will feature videos describing courses and programs as well as gmeets where participants can ask questions or meet the staff. This will allow parents and students to get a better understanding of the high school system, the different streams of courses, different options courses available and provide an introduction to Memorial.

On Thursday, March 10, at 6:30pm go to the [MCHS website](#). On our main news page you will be able to access the program videos and the GMeet links.

For programming videos just choose the link that interests you.

For Gmeets just choose the Gmeet link that corresponds to the program you are interested in learning more about.

If you are unable to attend either of these events, you will find all of the videos on the [MCHS website](#) and [YouTube channel](#). Alternatively, please call us at 780-963-2255 and dial 2 for Student Services. You can also reach us by email at [mchs@psd.ca](mailto:mchs@psd.ca).

# MEMORIAL COMPOSITE HIGH SCHOOL

## NEED YOUR HAIR COLORED?

COSMETOLOGY 20 AND 30 STUDENTS ARE ACCEPTING CLIENTS FOR SOLID COLORS. CLIENTS CAN EMAIL ME AT [JESSICA.GARDNER@PSD.CA](mailto:JESSICA.GARDNER@PSD.CA) TO BOOK AN APPOINTMENT.



Last chance to order your MCHS Spiritwear and Gradwear will be March 28 - April 12



Visit the Memorial school website or [greenandgoldathletics.com](https://greenandgoldathletics.com) for the online store link  
<https://memorialspring2022.itemorder.com/sale>

Coming Up!  
Gradwear &  
Spiritwear - watch our website and social media for ordering information.

Parents - please check out our NEW [Student Services Google Site](#). You will find information on counsellors, scholarships, tutoring & more!



[MCHS Student Services](#)

# Graduation



## **Graduation Ceremony**

Date: June 25, 2022

Location: Edmonton Convention Centre - 9797 Jasper Ave, Edmonton

Time: 2:00 pm (more details to follow)

## **Ticket Sales**

Opens online June 1 @ 9:00 am, closes June 19 @ midnight

Ticket prices and the number of tickets per graduate are yet to be determined

## **Graduation List - Posted in the Grad display case at MCHS**

May 11 - Preliminary list

May 31 - Final Grad list

The final determination for participation in the Graduation Ceremony will be based on marks as of May 30, 2022. Parents will be notified by Ms. Fisk if their child is in jeopardy of not participating in the Ceremony.

## **Jostens Ring Days**

Jostens will set up a Graduation Keepsake display in Common Area for students to view merchandise, and a representative will be on hand to assist graduates with an order or to answer any questions.

April 21 & 22 from 10:30 am - 1:30 pm

Graduation deserves to be celebrated and the excitement leading up to commemoration day is starting to build. Students will have the ability to participate in Graduation activities in the coming months.

- Graduation speeches
- Grad song
- Graduation student assembly
- Music auditions for Grad Ceremony performances

Please check the [MCHS website \(under Student Tab\)](#) to keep up with the most current Graduation information.

# MCHS HIGHLIGHTS

## Pink Shirt Day 2022



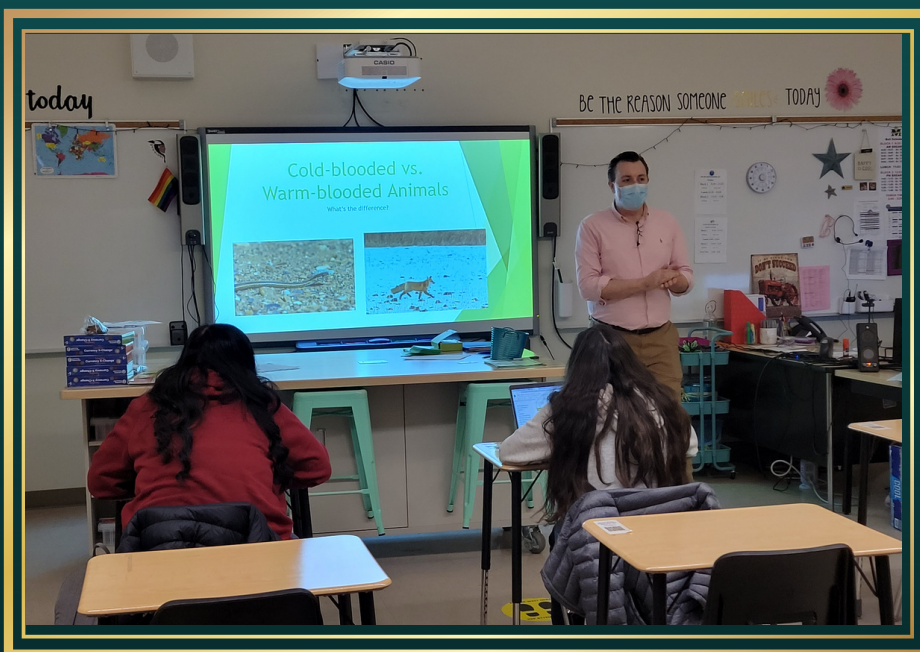


# MCHS HIGHLIGHTS



Four of our grade 11 students took the initiative to reopen our school store including the naming, branding, advertising, purchasing, and stocking of items with the help of Mrs. Moisan and Mrs. Ennis. Students can visit the "Snack Shop Stop" Monday through Friday during the lunch hour. Calling all Mauraders to come and support their initiative! Items range in price from \$1-4, cash only please.

The menu is posted beside the store which is located near the English pods and room 1148. Pictured left to right: Dylan Oatway, Lucas Myers, Brock Kluz, and Dylan Gauthier.



Mrs. Moisan's Science class was fortunate to have our Science Lab Technician, Mr. Carter, in as a guest speaker to share his knowledge of thermal energy using examples from warm and cold blooded animals. Do you know why elephants have such big ears?

# MCHS HIGHLIGHTS



Constable Marshall & Constable Williams in action while teaching self-defence to the Phys Ed 10, 20 and 30 classes and our LAWS classes.

The teachers in the Science Department took part in Monochrome Day!



## Robotics - Congratulations!

Congratulations to MCHS's Robotics team for an exceptional performance at the Alberta Provincial Championship. After missing the elimination rounds in their first competition, the team led by Kyla Fald, Joanna Kessir and Ben Luchkiw narrowly missed a birth in the final at the Provincial Championship, losing in the semi-finals after a disappointing penalty was given to their teammate in the final 10 seconds of the match. It was a great season and the team team made Memorial proud. Memorial's other rookie team of Ethan Duperron, Chase Jackman, Meghan Kits, Ashton Palmer qualified for the provincial tournament and had a strong showing. Congratulations to all for their hard work and dedication all season.

# MCHS HIGHLIGHTS



The 2022 Badminton Intramural Champions are...Mr. Gee & Mr. Coghill! Congrats! The top two student teams were Casey Laevens & Nolan Struik (2nd place) and Kyle Marron, Anson Sanders & Matthew Johnson (3rd place). If you see them around, give them a congratulations.



OPEN M-F  
AT LUNCH

## Menu & Price List

<p><b>\$2 Pop Cans</b> Coke/ Diet Coke Dr. Pepper Grape Crush Orange Crush Iced Tea Cream Soda Mountain Dew MUG Root Beer A&amp;W Root Beer</p>	<p><b>\$1.25 Chips</b> Doritos Cheetos Lays Ketchup Lays All Dressed Lays Original Old Dutch Original Old Dutch BBQ Old Dutch Ketchup Old Dutch Salt &amp; Vinegar Old Dutch Sour Cream &amp; Onion</p>
<p><b>\$3 Bottles</b> Gatorade, variety Mountain Dew Melon Water Bottle, \$1</p>	<p><b>\$1.50 Candy Bags</b> Fish Mixed Berry Gummy Rings Strawberry Puffs</p>
<p><b>\$1.50 Chocolate Bars</b> Mars Kit-Kat Caramilk Snickers Oh Henry PB Twix Mr. Big Wunder Bar M&amp;M peanuts Reece PB Cups</p>	<p><b>\$2 Candy, Gum, Mints</b> Mentos, Fruit Flavor Skittles, Original (92 gr) Skittles, Berry (191 gr) \$4 Hubba Bubba, pack Excel, variety pack Tic Tacs, variety</p>
<p><b>\$2 KD Cup</b></p>	<p><b>\$5 Phone Chargers</b> Apple compatible Android</p>

*New items will be added and restocked based on interest.*

*Availability of items may vary.*



# MCHS FOODS



Foods 10 had some fun with the Contemporary Baking module.



# ATHLETICS Marauders

## February Athletes of the Month

**Ava Lindemulder**  
Jr. Girls Basketball



**Emilie Chatfield**  
Jr. Boys Basketball Trainer



**GO MARAUDERS!**

## CONGRATULATIONS

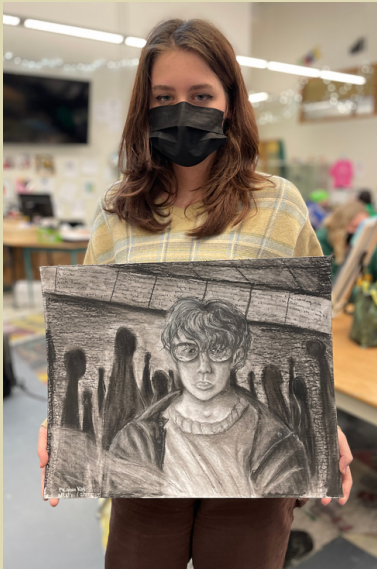
Basketball is just finishing up for the season with most teams making playoffs this year. All teams were very excited to be able to have fans in the stands again here at the end of the season. Thank you to all the coaches and trainers and athletes for their commitment this year.

Badminton tryouts have also wrapped up here at the end of February. Their season starts on March 7. Many of the athletes are excited to be able to play again after a year and half.

# MCHS ART



# MCHS ART



# MEMORIAL BUSINESS



The Business Competition Club is participating in the SAIT Case Clash from March 4-12 for cash prizes of \$2600. This year, the event is virtual. On March 12, the students will virtually participate in the first round of the MacEwan Business Challenge. Selected teams will move on to the final round of the in-person competition at MacEwan on March 19.

This year's team consists of Oliver Magnus, Gabriel Parent, Ryan Burton, Ryder Reaney, Benny Plante, Ryder Chambers, Hunter Hollands, and Adrian Jantzen.

## ENTREPRENEURSHIP

The Entrepreneurship Program at Memorial allows students to explore the process of opening a business of their own. Students must not only learn the theory about opening and operating a business, but also apply it in the real world. Each student must raise the startup capital, and then open and operate their business in the community.

You will often see ads for these students' businesses online and in the community, and you may also see them running their business at the Farmers Market or in the school. To teach the students the importance of corporate social responsibility, they are also expected to donate 5% of net proceeds to a charity of their choice.

Check out the offerings of the latest group of MCHS Entrepreneurs below!

Spice Country

**S P I C E C O U N T R Y**

*King Cobra steak spice  
and Dill Pickle popcorn  
seasoning!*



alexkos2016@gmail.com

spice.country\_

text only 587-982-3102

Bits and Barks

**Bits and Barks**

The best for your pet!



Contact us at  
780-968-4641




5% donation goes to the  
Alberta SPCA

**Brittle Bones Apparel**

Contact  
brittlebonesapparel@gmail.com  
to place an order!




**Candle Skateboards**



@candle.skateboards

Wyattbeaudoin06@gmail.com



Little Tree Woodworks



@Little\_Tree\_Woodworks

@littletreewoodworks

littletree292@gmail.com

Snow Busters Snow Removal

**Snow Busters Snow Removal**

Monthly, snow removal services  
in the Stony Plain area.



Contact: Ty Sloan  
tysloan2005@gmail.com  
780-232-2277



5% of proceeds to go Kids Help Phone





Have you  
checked your  
PowerSchool  
account  
today?

## Parkland School Division Resources

[Click here to download the latest \*\*Stronger Together\*\* Newsletter from Parkland School Division](#)

In partnership with Alberta Parenting for the Future, Parkland School Division is proud to present another FREE information session for local families.:

[Strong Families](#)  
[Registration is free! Register HERE](#)



### **Latest Issue: The Teenage Brain**

**Being the parent of a teen is hard, hard work! This newsletter explores all things teen. Don't expect yourself to be a "perfect parent" to your teen all the time, but please know there are resources in your community that can help you through this stage.**

[PSD News](#)

[PSD Covid-19 Information](#)

# Community Resources

[Stony Plain Library](#)

[Stony Plain Youth Centre](#)

[The Town of Stony Plain Community & Social Development Programs](#) including:

- Webinars
- Neighbourhood Connect
- Grief Support
- Support Groups (Living with Loss to Suicide, BILY - Because I Love You, Caring Friends Bereavement Group)

[AHS Caregiver Information for the Edmonton Zone](#) - contains the [Caregiver Education Team Newsletter](#)

[The Green Book](#) - community resource directory for the City of Spruce Grove, Town of Stony Plain and Parkland County

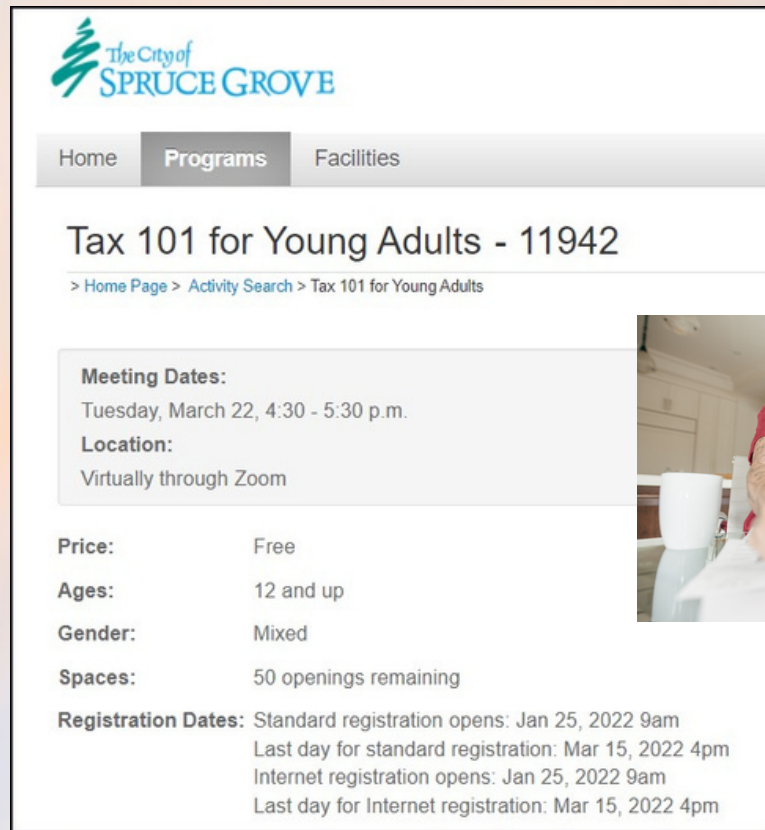
[Alberta Health Services](#) -all the information you need regarding Covid-19 and can also help you:

- Find a doctor
- Find programs and services
- Find information and news about a range of health topics
- Stay informed about what is happening in your community

Don't forget that the 811 Health Link can provide you with health advice from a registered nurse 24/7. Remember, in a medical emergency, always call 911 or visit the nearest emergency department.

# Community Resources

**March 22 - Tax 101 for Young Adults.** Learn about what taxes are, levels of government, who needs to file and how to file? **Register here.**



The screenshot shows the City of Spruce Grove website. The logo is at the top left. A navigation bar includes 'Home', 'Programs', and 'Facilities'. The main heading is 'Tax 101 for Young Adults - 11942'. Below it is a breadcrumb trail: '> Home Page > Activity Search > Tax 101 for Young Adults'. A 'Meeting Dates' box contains: 'Tuesday, March 22, 4:30 - 5:30 p.m.' and 'Location: Virtually through Zoom'. A list of details includes: Price: Free; Ages: 12 and up; Gender: Mixed; Spaces: 50 openings remaining; and Registration Dates: Standard registration opens: Jan 25, 2022 9am; Last day for standard registration: Mar 15, 2022 4pm; Internet registration opens: Jan 25, 2022 9am; Last day for Internet registration: Mar 15, 2022 4pm.



**Other sessions on taxes are available here:**

<https://calendar.stonyplain.com/default/Detail/2022-03-01-1200-Tax-Tuesday-with-the-CRA-Tax-Information-Sessions>



# Indigenous Community Resources



## 12 Hours of Free Counselling!

Life comes with many difficult situations and feelings that can be hard to navigate. Talking it out with someone can help.

Through our partnership with Alberta Blue Cross and Homewood Health, we have established the **MNA Wellness Program**.

This service can help with mental health struggles you may be experiencing. All Citizens registered with the MNA have access to 12 hours of free, culturally sensitive, and confidential counselling with a professional.

Sessions are available 24/7 by phone call, video call, or instant messaging and will provide short-term support in key areas of life such as:

- Improving your personal well-being
- Managing relationships and family
- Addressing workplace challenges
- Taking financial and legal control in your life
- And more

To access this program, call **1-877-729-0261**. Remember when you log into **Homeweb** or call the phone number to be sure to say you are with the Métis Nation of Alberta.



Check out the [Metis Nation of Alberta Website](#)



**The Indigenous Sport Council of Alberta (ISCA)** is a non-profit provincial multi-sport organization representing all First Nations, Métis, Inuit and non-Status First Nations peoples in Alberta. The ISCA prides itself in promoting sport, physical activity, recreation and leadership opportunities built on the foundation of culture and traditions of Indigenous peoples in Alberta.

Sign up for the ISCA Newsletter [here](#)