

# THE MEMORIAL MEMO

*THE TORCH HELD HIGH*



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## PRINCIPAL'S MESSAGE

Dear Marauder Parents -

With Q3 now underway, we have crossed the halfway point of the school year. Your kids have certainly accomplished much so far this year with even more coming!

One of the items coming soon will be registration for the 2022-2023 school year. The first step will be for you folks to complete the online registration which opens on February 8. This must be completed before your student will be able to select their courses for next year. Counsellors will be visiting with incoming grade 10s at our feeder schools in the early part of February and then with our grade 10s and 11s after that. Our registration handbook will be posted online so that families can review together. This is an excellent opportunity to have a conversation about life after high school and career and post-secondary plans. Our Student Services team is available to assist should you have questions.

The work of Belonging at Memorial is continuing in February. February is Random Acts of Kindness month which will be a Torch Time topic connected to gratitude. February 23 is Pink Shirt Day and we are planning some extra activities this year.

You will be receiving a survey from PSD this month asking for your thoughts on the school division and Memorial. We certainly appreciate your feedback and encourage you to complete the survey. Grade 10 parents receive an additional survey from Alberta Education which, again, we would appreciate you taking the time to share your perceptions.

February is a choppy month with Teachers Convention, Family Day and a PD Day this year. Please help your student stay on track with these breaks in routine by checking PowerSchool to ensure they are on top of their work.

Take care and enjoy the longer days!

Ms. Jensen, Principal



## JANUARY HAPPENINGS

- 10 - Return from Christmas Break
- 10 - G & G Executive Meeting - 6:30
- 14 - Field Trip - Legal Studies to UofA Law Building - Cancelled
- 14-15 - Jr. Basketball Tourn. -Sturgeon Comp.
- 21 - Field Trip-LAWS-St. Albert Bowling - Cancelled
- 24 - Q2 Last Day of Classes
- 24 - School Council - 7:00
- 25-27 - Q2 School Exams
- 25-29 - Grad Photos - Small Gym
- 28 - High School Turnaround Day
- 31 - PD Day - No Classes
- \*January Diploma Exams Cancelled

## FEBRUARY KEY DATES

- 01 - Q3 First Day of Classes
- 07 - G&G Executive Meeting - 6:30
- 10-11 - Teacher Convention
- 10-12 Sr. Basketball Tournament Queen E.
- 14 - 2022-23 Registration Opens
- 14 - Valentine's Day
- 7-19 Jr. Basketball Tournament Strathcona Christian Academy
- 18 - PD Day - No Classes
- 21 - Family Day
- 23 - Pink Shirt Day
- 28 - School Council - 7:00

## **BELL SCHEDULE FOR Q3**

### **Mondays:**

**Block 1 8:30 - 11:25 am**

**Lunch 11:25 - 12:25 pm**

**Block 2 12:25 - 3:20 pm**

### **Tuesdays-Fridays:**

**Block 1 8:30 - 11:03 am**

**Lunch 11:03 - 12:03 pm**

**Block 2 12:03 - 2:35 pm**

**Torch Time 2:40 - 3:20 pm**

## **MCHS GRADE ADMINISTRATORS**

**GRADE 10 - MS. JEWELL**

**GRADE 11 - MR. COGHILL**

**GRADE 12 - MS. FISK**

Have you checked your PowerSchool account today?





## PowerSchool

This is our parents' primary way to check in on their child's marks/assignments, update contact information, and pay fees.

Sign into your account [here](#). Please contact Mrs. Campbell at the office if you need assistance accessing your account.

### Reporting an Absence?

Please email [mchs.absence@psd.ca](mailto:mchs.absence@psd.ca) or call 780-963-2255 and dial 1 anytime to leave a message. Please leave your child's full name, grade, and details of the absence.

### School Fees Are Due

Please note that school fees are not visible on the PowerSchool App. Access to all information is only available through the [website](#).

Please log in to your [parent PowerSchool account](#) or come into the school to pay your high school fees. If you have any questions, please contact Ms. Miller at the Finance Office.

## Reaching Your Child At School

Cell phones can be a distraction and a disruption to classroom learning. Our teachers and your kids have worked hard together to come up with routines so that cellphones are not disrupting class. Here are some things for parents to know about communicating with their kids while they are at school.

During class time, your child has most likely turned off the phone and put it in a pouch on the classroom wall. They may not be able to respond immediately.

You can contact your child during their designated lunch hour:

Mondays: 11:25 - 12:25

Tues-Fri: 11:03 - 12:03

We appreciate your support in reaching your child directly to minimize disruption to classroom instruction. Of course, we are happy to assist in an emergency.

“

*“Be like a postage stamp. Stick to a thing till you get there.”*

*– Josh Billings*

# MEMORIAL COMPOSITE HIGH SCHOOL

## School Council

Next School Council Meeting:  
Monday, February 28, 2022 - 7:00 pm

[Join by Google Meet](#)

For more information visit our [website](#)

## Green & Gold

Next Green & Gold Athletics Meetings:  
Monday, February 7 - 6:30 [Join by Google Meet](#)  
Monday, March 7 - 6:30 [Join by Google Meet](#)

[G&G Website](#)

Bingo volunteer times available:

<https://greenandgold.ivolunteer.com/>

## Music Parents' Association

Zoom Meeting

Wednesday, February 9th, at 7:00.

[Zoom Meeting - Join Here](#)

Meeting ID: 573 900 7183

Passcode: 457527

## TORCH TIME

### IMPORTANT REMINDERS:

- Monday Torch Time is integrated into class time and therefore, Mondays will run on a full day bell schedule with dismissal continuing to be at 3:20 pm. This changes lunch time on Mondays to 11:25 am - 12:25 pm.
- Tuesdays to Fridays will continue to have Torch Time scheduled from 2:40 - 3:20 pm and lunch will run from 11:03 am - 12:03 pm.
- Students and the school are still accountable for the whereabouts of students until the end of the full school day. All students need to be signed up for a Torch Session every Tuesday to Friday through PowerSchool.
- Parents and teachers can also sign up a student for a Torch Session. Students cannot unenroll from those sessions. There is a video below explaining to parents how they can sign their child up for a session.
- If a student is in good standing (meeting the expectations of their teachers, parents, and themselves) and have all of their assignments submitted to a passing level, they may use that time for a personal interest Torch Session (Open Gym, Fitness Training, etc.) or sign up to be Off Campus With Parent Approval. Students are also encouraged to sign up for academic sessions if they wish to improve their marks.

[Video - How to sign up for Torch Time using a phone](#)

[Video - How to sign up for Torch Time on PowerSchool Website](#)

# MEMORIAL COMPOSITE HIGH SCHOOL

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## Coming Up!

Keep an eye on our website and social media for more information.

### **First Time High School Parents Video - March 1**

A video will be posted on our website on March 1, 2022 with detailed information on registration for incoming Grade 10s. There will also be a Google form for questions and requests for callbacks. This is for parents/guardians who have a child entering high school the first time.

### **Virtual Open House - March 10 6:30-8:00 pm**

Memorial Composite High School's Open House event will be held virtually on March 10 from 6:30-8:00 pm. There will be a series of videos available explaining programming as well as Google Meets for everyone to ask questions. If you are unable to attend at this time, all programming videos can be found on our YouTube Channel and on our website on Our Programs page. Updated videos will be posted on March 1.

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### **Have you set up your MyPass Account Yet?**

myPass is the self-service website for the education documentation of Alberta students. It is very important that all students set up their myPass account while in high school, but it is particularly important for Grade 12 students. This is the only way that Grade 12 students will find out their diploma exams marks.

Go to <https://mypass.alberta.ca> and "Sign in With an Education Account". Students require their Alberta Student Number (which can be found on PowerSchool) and a personal email address. Do not use your psdblogs account because it will be deactivated when you graduate. Please stop by Student Services if you have questions or require assistance.

# MEMORIAL COMPOSITE HIGH SCHOOL

## Pink Shirt Day is February 23!

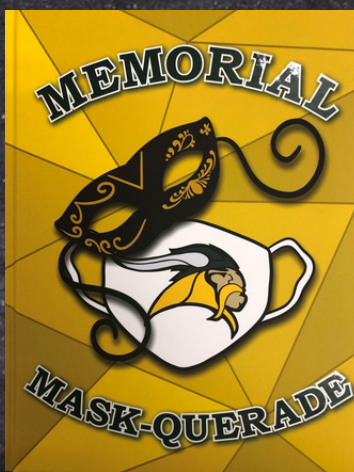
With one in five students affected by bullying, chances are that you or someone you know is being impacted. If you're not sure what to do, reach out to someone who can help. And remember, kindness and compassion can go a long way. If you're being bullied, bullying someone else, or see a friend who is being bullied, take a look at these resources: [CKNW Kids' Fund Pink Shirt Day](#).

Wear your support! It doesn't have to be a shirt - it can be a mask, pin, toque, scarf, bandana, shoes or anything else in your wardrobe!

**New!**

Parents - please check out our NEW [Student Services Google Site](#). You will find information on counsellors, scholarships, tutoring & more!

[MCHS Student Services](#)



2020-2021 yearbooks are now in! If you ordered and paid for one last year, you can pick up your copy in the Main Office.

# MEMORIAL COMPOSITE HIGH SCHOOL

## Graduation

Graduation Photo Retakes - March 1-4, 2022

Class of 2022 Graduation [Ceremony](#)  
Saturday, June 25, 2022

Please check the MCHS website often to keep up with the most current information.

Retake or first-time photo appointment reservations open on February 11, 2022, and can be made with the [Lifetouch Appointment Plus](#) online scheduling system. Brochures will be available in Student Services. Please note: Students who book a retake appointment must either return their first proofs or pay an additional \$25.00 sitting fee for the second set (paid directly to the Lifetouch photographer at the time of their portrait session).

Grad fees must be paid prior to booking a portrait session or the appointment will be cancelled. Graduation fees can be paid in the school finance office or through the PowerSchool Parent Portal.

Have you  
checked your  
PowerSchool  
account  
today?



# MEMORIAL COMPOSITE HIGH SCHOOL

## Post-Secondary Partnership Success!

Congratulations to Katelynn Van Den Bussche for completing the American Sign Language course through Lakeland College in Term 1. She earned amazing marks, especially for a high school student completing a college level course!

CONGRATULATIONS



If you are interested in finding out how you can enroll in Post Secondary Partnership (Dual Credit) courses while you are in high school, please make an appointment with Mr. Partington in the Student Services office.

## It's Survey Season!

All MCHS parents can expect to be receiving an email from ThoughtExchange via Parkland School Division in the next couple of weeks. Please do take the time to share your perceptions about what MCHS is doing well and where MCHS could improve. We take your feedback seriously and review it all.

Grade 10 parents can expect to be contacted by Alberta Education for their Annual Assurance Measures survey. Again it would be very much appreciated if you would complete this survey with your opinions. This survey contains questions asking if you Strongly Agree through to Strongly Disagree on a variety of topics.

Each year Memorial sets out a School Development Plan aiming to tackle one or two large topics as well as creating a task list of items to address. Parent feedback from these surveys is a major source of the items included in the plan/task list. We will receive this feedback later this spring and incorporate it into our planning for next year.

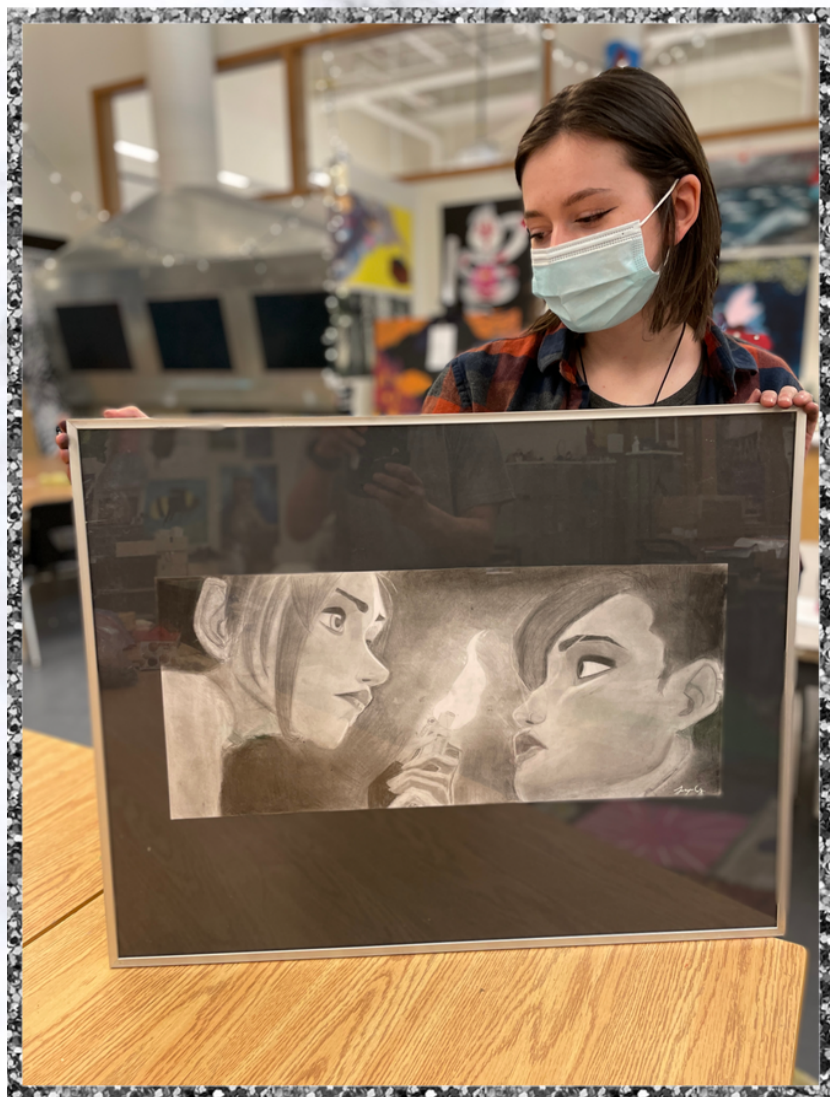


# MCHS HIGHLIGHTS

## MCHS ART



# MCHS ART



# ATHLETICS

## Marauders

Congratulations to Lily Houcher & Josh Page for being selected as December Athletes of the Month. Lily is on the Sr. Girls Basketball team and Josh is on the Jr. Boys Basketball team.



*GO MARAUDERS!*

## CONGRATULATIONS

Congratulations to Nicole Rolfe & Connor Majeau for being selected as January Athletes of the Month. Nicole is on the Jr. Basketball team and Connor is on the Sr. Basketball team.



# Memorial Athletes on the National Stage

Photos courtesy of Aerials Gymnastics. Thank you.

Congratulations to Justice Gerelus, a grade 11 student and a member of the Spruce Grove Aerials Gymnastics Club. He is a member of Team Alberta and has been selected to participate in an upcoming team competition to prepare athletes for Canada Winter Games 2023. As with many events these days, unfortunately it has been postponed due to Covid.

Justice has been doing gymnastics since he was in grade 5 and loves it. He particularly loves learning how to control his body. Justice trains for 20 hours per week as part of the PSD Sports Academy and as a member of Aerials. He has recently taken on a job as assistant coach and is helping younger kids get into the sport.

Good luck at the meet when it does happen Justice!

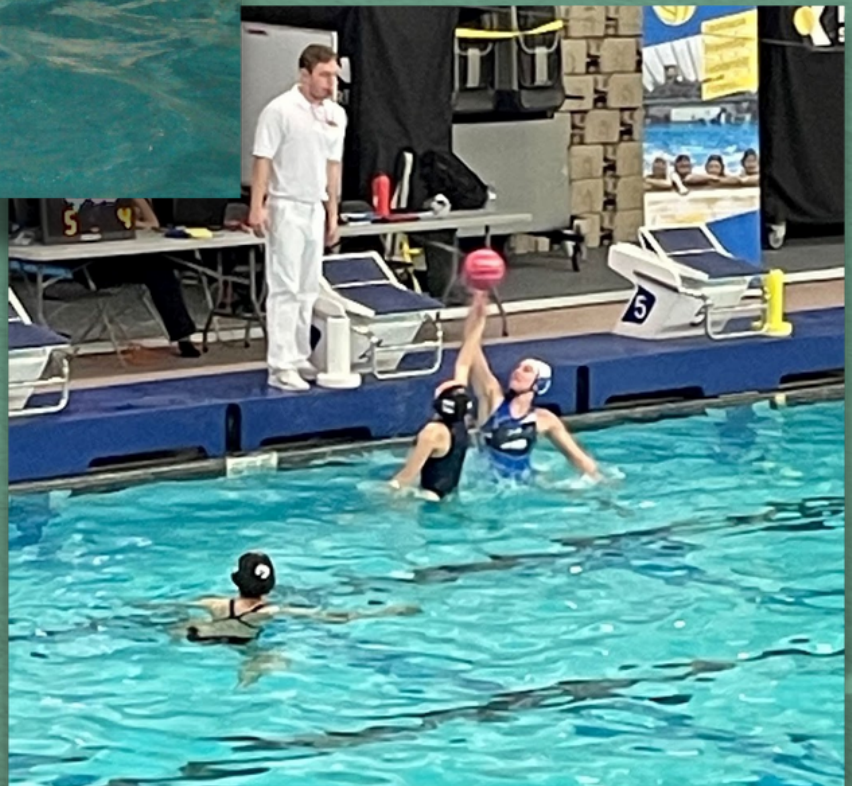


# Memorial Athletes on the National Stage

Elaine Clark, a Memorial Grade 10 student, had a busy December attending the Canadian Water Polo Championships. Elaine plays for the Thunderbirds Water Polo Club which trains out of the Kinsmen Sports Centre. Her team came in 7th and she had a great time that weekend. Elaine has been playing polo since she was 9 years old and loves swimming and being part of the team. Congratulations on your team's success, Elaine!



*Amazing*



# MEMORIAL BUSINESS



The business competition club will be participating in its first competition (virtually) from March 6, 2022 – March 11, 2022. It is the called the Case Clash and it is hosted by SAIT. Two teams from MCHS will be participating for cash prizes.

There will be a practice case competition on February 5 from 8:30am to 3:00 pm at MCHS to prepare.

## ENTREPRENEURSHIP

The Entrepreneurship Program at Memorial allows students to explore the process of opening a business of their own. Students must not only learn the theory about opening and operating a business, but also apply it in the real world. Each student must raise the startup capital, and then open and operate their business in the community.

You will often see ads for these students' businesses online and in the community, and you may also see them running their business at the Farmers Market or in the school. To teach the students the importance of corporate social responsibility, they are also expected to donate 5% of net proceeds to a charity of their choice.

Check out the offerings of the latest group of MCHS Entrepreneurs below!

Spice Country

**SPICE COUNTRY**

*King Cobra steak spice  
and Dill Pickle popcorn  
seasoning!*

alexkos2016@gmail.com  
spice.country\_  
text only 587-982-3102

Snow Busters Snow Removal

## Snow Busters Snow Removal

Monthly, snow removal services  
in the Stony Plain area.



Contact: Ty Sloan  
tysloan2005@gmail.com  
780-232-2277






5% of proceeds to go Kids Help Phone

# MEMORIAL BUSINESS

Little Tree Woodworks




 @Little\_Tree\_Woodworks  
 @littletreewoodworks  
 littletree292@gmail.com



Candle  
Skateboards



 @candle.skateboards

 Wyattbeaudoin06@gmail.com



## Brittle Bones Apparel

Contact  
brittlebonesapparel@gmail.com  
to place an order!



## Bits and Barks

The best for your pet!



Contact us at  
780-968-4641

5% donation goes to the  
Alberta SPCA



# MCHS FOODS



Pizza, California  
Rolls & Gyoza!



Have you  
checked your  
PowerSchool  
account  
today?

## Parkland School Division Resources

Click here for the latest **Stronger Together Newsletter** from  
Parkland School Division

### **Latest Issue: Connection & Hope**



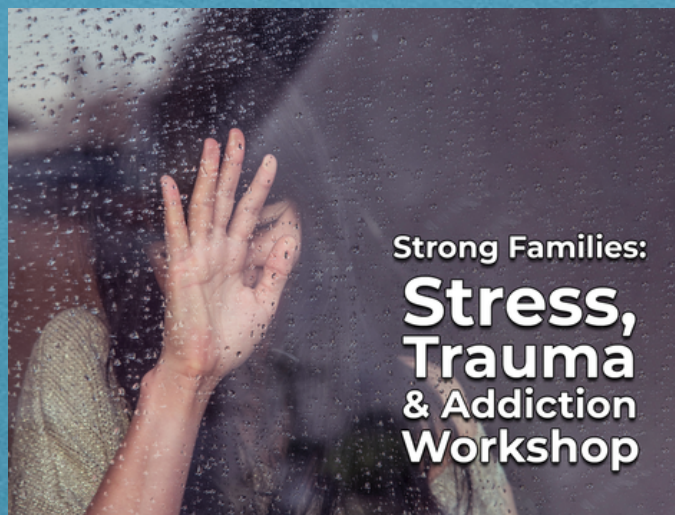
This month's newsletter details several time sensitive information sessions that may be of interest to you - please take a look and register soon!

We would also like to share an article written by psychologist and regular Strong Families facilitator Joel Pukalo about improving connection and communication with our children. What better way to start off a new year hopefully than with some insights and strategies for having a deeper and more meaningful relationship with our kids?

In partnership with Alberta Parenting for the Future, Parkland School Division is proud to present another FREE information session for local families.:

### **Strong Families**

**Registration is free! Register HERE**



PSD News  
PSD Covid-19 Information

# Community Resources

[Stony Plain Library](#)

[Stony Plain Youth Centre](#)

[The Town of Stony Plain Community & Social Development Programs](#) including:

- Webinars
- Neighbourhood Connect
- Grief Support
- Support Groups (Living with Loss to Suicide, BILY - Because I Love You, Caring Friends Bereavement Group)

[AHS Caregiver Information for the Edmonton Zone](#) - contains the [Caregiver Education Team Newsletter](#)

[The Green Book](#) - community resource directory for the City of Spruce Grove, Town of Stony Plain and Parkland County


[Alberta Health Services](#) -all the information you need regarding Covid-19 and can also help you:

- Find a doctor
- Find programs and services
- Find information and news about a range of health topics
- Stay informed about what is happening in your community

Don't forget that the 811 Health Link can provide you with health advice from a registered nurse 24/7. Remember, in a medical emergency, always call 911 or visit the nearest emergency department.

# Community Resources

**March 22 - Tax 101 for Young Adults.** Learn about what taxes are, levels of government, who needs to file and how to file? **Register here.**



The screenshot shows the City of Spruce Grove website. The header includes the city logo and navigation tabs for Home, Programs, and Facilities. The main heading is "Tax 101 for Young Adults - 11942" with a breadcrumb trail: > Home Page > Activity Search > Tax 101 for Young Adults. The event details are as follows:

<b>Meeting Dates:</b>	Tuesday, March 22, 4:30 - 5:30 p.m.
<b>Location:</b>	Virtually through Zoom
<b>Price:</b>	Free
<b>Ages:</b>	12 and up
<b>Gender:</b>	Mixed
<b>Spaces:</b>	50 openings remaining
<b>Registration Dates:</b>	Standard registration opens: Jan 25, 2022 9am Last day for standard registration: Mar 15, 2022 4pm Internet registration opens: Jan 25, 2022 9am Last day for Internet registration: Mar 15, 2022 4pm



**Other sessions on taxes are available here:**

<https://calendar.stonyplain.com/default/Detail/2022-03-01-1200-Tax-Tuesday-with-the-CRA-Tax-Information-Sessions>



# Indigenous Community Resources



## 12 Hours of Free Counselling!

Life comes with many difficult situations and feelings that can be hard to navigate. Talking it out with someone can help.

Through our partnership with Alberta Blue Cross and Homewood Health, we have established the **MNA Wellness Program**.

This service can help with mental health struggles you may be experiencing. All Citizens registered with the MNA have access to 12 hours of free, culturally sensitive, and confidential counselling with a professional.

Sessions are available 24/7 by phone call, video call, or instant messaging and will provide short-term support in key areas of life such as:

- Improving your personal well-being
- Managing relationships and family
- Addressing workplace challenges
- Taking financial and legal control in your life
- And more

To access this program, call **1-877-729-0261**. Remember when you log into **Homeweb** or call the phone number to be sure to say you are with the Métis Nation of Alberta.



Check out the [Metis Nation of Alberta Website](#)



**The Indigenous Sport Council of Alberta (ISCA)** is a non-profit provincial multi-sport organization representing all First Nations, Métis, Inuit and non-Status First Nations peoples in Alberta. The ISCA prides itself in promoting sport, physical activity, recreation and leadership opportunities built on the foundation of culture and traditions of Indigenous peoples in Alberta.

Sign up for the ISCA Newsletter [here](#)