

THE MEMORIAL MEMO

THE TORCH HELD HIGH



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PRINCIPAL'S MESSAGE

Dear Marauder Parents,

Spring is always a busy time in schools. We have a foot in two school years finishing out this school year but also planning for 22-23. Most of our registrations are in for next year and it looks like Memorial will be growing a bit. Students are doing course selections now which will shortly lead to creating a timetable. Budgets and staffing are on the way.

Like I said though, we still have to finish this year. We do have a challenge we will be undertaking in Q4 with your kids in regard to being on time for class. As part of our response to Covid over the past two years, we have been attempting to cohort students as best as we can with over a thousand kids in a limited space. The multiple break times that we had were finally able to return to a single seven minute break each morning/afternoon this quarter with the removal of a number of Covid restrictions. However, a good number of our students are still fairly relaxed about returning to class after those breaks even though the break time is now clearly defined. As mentioned at the beginning of the year, we are returning to rigour as the flexibility needed to get through Covid came at the expense of some of our standards. Arriving to class on time is another standard that will now be returning to pre-Covid expectations. Students should be in their classroom before or as the bell rings. The beginning of class is when the most important instruction occurs. We may have to contact some parents about helping to motivate their children to be on time, hopefully not.

This is the last week of class for Q3. Please be sure you are checking PowerSchool frequently to ensure that your student has their assignments in and is ready to study for finals. Q4 begins right after Easter.

Take care.

Ms. Jensen

Memorial Composite High School's Belonging Statement

At Memorial, each of us contributes to inclusion in our own individual ways. We recognize that we are still learning and continuing to grow. By examining ourselves and our biases, we can start conversations and strive to be better. We are willing to challenge our ways of thinking and open ourselves to different ideas. Our staff, students, and school community are committed to being respectful and listening to the concerns of others. This includes being kind, helping each other, and reaching out when needed. To be an equitable school means we must support each person in a way that best suits their unique needs. Together we will continue to create a safe, caring, and inclusive school community. Creating a culture of equity continues to be important work and is not easy; however, MCHS is resilient and committed to growing and rising to the challenge.

Together we will ensure the Torch is Held High.

MARCH HAPPENINGS

01-04 - Grad Photo Retakes
01 - Monochrome Day
01 - First Time High School Parents Video Release
01 - Q3 Parent Teacher Interviews - 5:00-6:30
03-04 Robotics Competition - Strathmore
04 - Anime Movie Night
05 - Business Competition Club - Virtual SAIT Case Clash Competition
07 - G&G Meeting - 6:30
08 - Dress Like a Teacher Day
10 - Grade 9 Virtual Open House - 6:30-8:00
12 - Business Competition Club - MacEwan Virtual Case Competition
14 - School Council - 7:00
15 - Badminton - J.Percy Page & Ardrossan at MCHS
16 - LAWS Field Trip - St. Albert Bowling Alley
19 - Business Case Competition Field Trip - MacEwan University
21-25 - Spring Break
28 - PD Day - No Classes
28 - Spirit & Grad Wear Store Opens until Apr 12

BELL SCHEDULE

Mondays:

Block 1 8:30 - 11:25 am
Lunch 11:25 - 12:25 pm
Block 2 12:25 - 3:20 pm

Tuesdays-Fridays:

Block 1 8:30 - 11:03 am
Lunch 11:03 - 12:03 pm
Block 2 12:03 - 2:35 pm
Torch Time 2:40 - 3:20 pm

APRIL KEY DATES

01 - Anime Movie Night
04 - English Diploma - Part A
04 - G & G Executive Meeting - 6:30
04 - Badminton - St. Francis Xavier & Archbishop Jordan at MCHS
05 - Social Diploma - Part A
06 - English Diploma - Part B
06 - PFN SPRINGO BINGO - 6:00 (Tentative)
07 - Social Diploma - Part B
08 - Q3 Last Day of Classes
08 - Math Diploma - AM
08 - Biology Diploma - PM
11 - Music - Cantado Festival, Edmonton
11-13 - Q3 School Based Exams
11 - Chem & Science Diploma
12 - Physics Diploma
14 - Q3 High School Turnaround Day - No Classes
14 - Spring Music Concert - Horizon Stage
15 - Good Friday
18 - Easter Monday
19 - Q4 First Day of Classes
25 - School Council - 7:00

MCHS GRADE ADMINISTRATORS

GRADE 10 - MS. JEWELL

GRADE 11 - MR. COGHILL

GRADE 12 - MS. FISK





PowerSchool

This is our parents' primary way to check in on their child's marks/assignments, update contact information, and pay fees.

Sign into your account [here](#). Please contact Mrs. Campbell at the office if you need assistance accessing your account.

Reporting an Absence?

Please email mchs.absence@psd.ca or call 780-963-2255 and dial 1 anytime to leave a message. Please leave your child's full name, grade, and details of the absence.

School Fees Are Due

Please note that school fees are not visible on the PowerSchool App. Access to all information is only available through the [website](#).

Please log in to your [parent PowerSchool account](#) or come into the school to pay your high school fees. If you have any questions, please contact Ms. Miller at the Finance Office.

Reaching Your Child At School

Cell phones can be a distraction and a disruption to classroom learning. Our teachers and your kids have worked hard together to come up with routines so that cellphones are not disrupting class. Here are some things for parents to know about communicating with their kids while they are at school.

During class time, your child has most likely turned off the phone and put it in a pouch on the classroom wall. They may not be able to respond immediately.

You can contact your child during their designated lunch hour:

Mondays: 11:25 - 12:25

Tues-Fri: 11:03 - 12:03

We appreciate your support in reaching your child directly to minimize disruption to classroom instruction. Of course, we are happy to assist in an emergency.

MEMORIAL COMPOSITE HIGH SCHOOL

SCHOOL COUNCIL

Next School Council Meeting:
Monday, April 25, 2022 - 7:00 pm

[Join with Google Meet](#)

For more information visit our
[website](#)

Next Green & Gold Athletics Meeting:

GREEN & GOLD

Monday, May 2 - 6:30 pm

[Join with Google Meet](#)

Monday, June 6 - 6:30 pm

[Join with Google Meet](#)

[G&G Website](#)

Bingo volunteer times available:

<https://greenandgold.ivolunteer.com/>

TORCH TIME

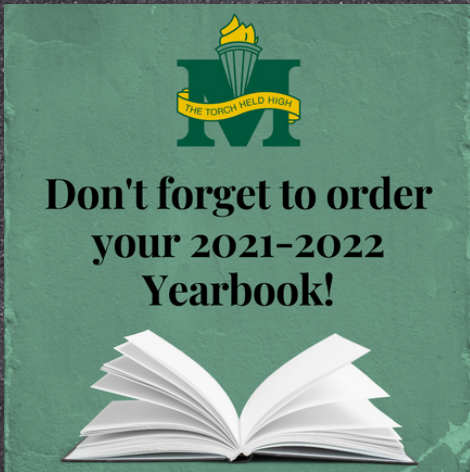
IMPORTANT REMINDERS:

- Monday Torch Time is integrated into class time and therefore, Mondays will run on a full day bell schedule with dismissal continuing to be at 3:20 pm. This changes lunch time on Mondays to 11:25 am - 12:25 pm.
- Tuesdays to Fridays will continue to have Torch Time scheduled from 2:40 - 3:20 pm and lunch will run from 11:03 am - 12:03 pm.
- Students and the school are still accountable for the whereabouts of students until the end of the full school day. All students need to be signed up for a Torch Session every Tuesday to Friday through PowerSchool.
- Parents and teachers can also sign up a student for a Torch Session. Students cannot unenroll from those sessions. There is a video below explaining to parents how they can sign their child up for a session.
- If a student is in good standing (meeting the expectations of their teachers, parents, and themselves) and have all of their assignments submitted to a passing level, they may use that time for a personal interest Torch Session (Open Gym, Fitness Training, etc.) or sign up to be Off Campus With Parent Approval. Students are also encouraged to sign up for academic sessions if they wish to improve their marks.

[Video - How to sign up for Torch Time using a phone](#)

[Video - How to sign up for Torch Time on PowerSchool Website](#)

MEMORIAL COMPOSITE HIGH SCHOOL



BUY YOUR 2021-2022 YEARBOOK!!!
It's Time To Buy The 2021-2022 Yearbook! For \$48,
You Can Have Memories That Last A Lifetime!!!
Talk To Ms. Miller In The Finance Office Or Pay
Through Power School With Your School Fees!
Deadline Is April 29, 2022 To Buy A Part Of History!

*Spiritwear &
Gradwear*

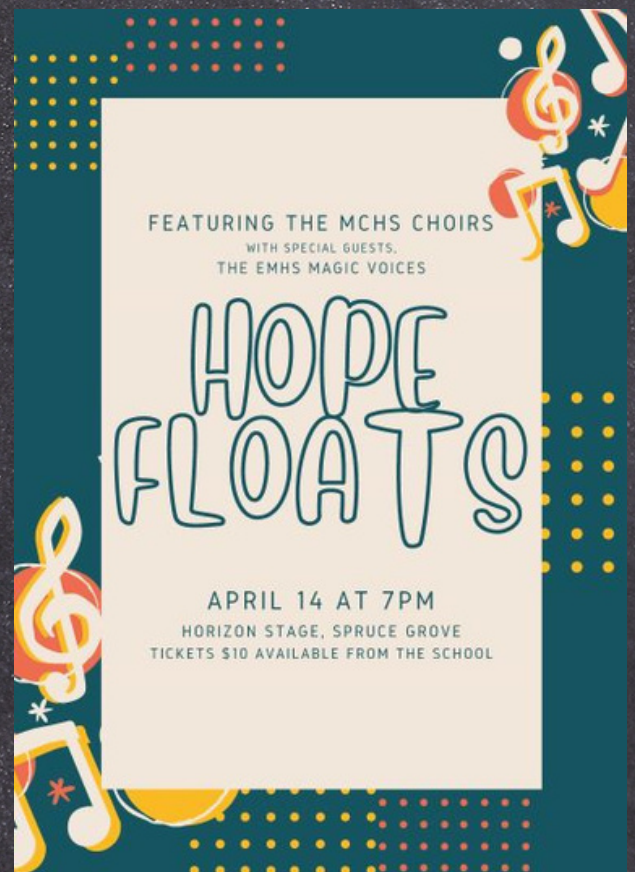
LAST CHANCE TO ORDER

Order here until April 12!

Last chance to order your MCHS Spiritwear and Gradwear will be March 28 - April 12



Visit the Memorial school website or greenandgoldathletics.com for the online store link
<https://memorialspring2022.itemorder.com/sale>



**GET
YOUR
TICKETS
NOW!**

MEMORIAL COMPOSITE HIGH SCHOOL

For Families of Grade 9 Students and Students New to MCHS: First Time High School Parents Video

[First Time Parent Information Video](#)

MCHS has produced an informational video which provides an opportunity for parents/guardians who have a child entering high school for the first time to have clarification on what the high school transition and course selection process will look like.

Although we won't have the traditional in-person parent meeting, we hope that the information shared will help first time MCHS parents to become familiar with making the move to MCHS, including registration and course selections. As well this will allow parents to be able to put a face to the names of school administration and counsellors.

If you were not able to attend the virtual open house, you can still find all of the programming videos on the MCHS [MCHS website](#) in the [Our Programs](#) dropdown menu.

More information on registration can be found on the [PSD website](#) in the [Registration Quick Link](#).



Have you set up your MyPass Account Yet?

myPass is the self-service website for the education documentation of Alberta students. It is very important that all students set up their myPass account while in high school, but it is particularly important for Grade 12 students. This is the only way that Grade 12 students will find out their diploma exams marks.

Go to <https://mypass.alberta.ca> and "Sign in With an Education Account". Students require their Alberta Student Number (which can be found on PowerSchool) and a personal email address. Do not use your psdblogs account because it will be deactivated when you graduate. Please stop by Student Services if you have questions or require assistance.

MEMORIAL COMPOSITE HIGH SCHOOL



Parkland School Division offers Summer School for current and incoming high school students at [Connections For Learning](#). Students over age 18 are also welcome to register, and select courses are open to students who have completed Grade 7 and/or 8.

OPEN M-F
AT LUNCH



Parents - please check out our NEW [Student Services Google Site](#). You will find information on counsellors, scholarships, tutoring & more!



[MCHS Student Services](#)



Graduation



Graduation Ceremony

Date: June 25, 2022

Location: Edmonton Convention Centre - 9797 Jasper Ave, Edmonton

Time: 2:00 pm (more details to follow)

Ticket Sales

Opens online June 1 @ 9:00 am, closes June 19 @ midnight

Ticket prices and the number of tickets per graduate are yet to be determined

Graduation List - Posted in the Grad display case at MCHS

May 11 - Preliminary list

May 31 - Final Grad list

The final determination for participation in the Graduation Ceremony will be based on marks as of May 30, 2022. Parents will be notified by Ms. Fisk if their child is in jeopardy of not participating in the Ceremony.

Jostens Ring Days

Jostens will set up a Graduation Keepsake display in Common Area for students to view merchandise, and a representative will be on hand to assist graduates with an order or to answer any questions.

April 21 & 22 from 10:30 am - 1:30 pm

Graduation deserves to be celebrated and the excitement leading up to commemoration day is starting to build. Students will have the ability to participate in the following Graduation activities:

- Graduation speeches - coming soon!
- Grad song - deadline for entering a song choice for the first round is April 28. Final voting will take place on May 5.
- Grade 12 student assembly - April 25 @1:30 pm in the large gym.
- Music auditions for Grad Ceremony performances - deadline is April 8, auditions are April 13 in the music room during the lunch hour.

Please check the [MCHS website \(under Student Tab\)](#) to keep up with the most current Graduation information.

Graduation



As mentioned in previous newsletters and an email to grade 12 students and families, the three local high schools in this area, SPACHS, MCHS and SGCHS, have chosen to continue with the consistency we established when we worked together on last year's Drive In Graduation Ceremonies for students at the Edmonton Expo Centre. This year all three schools have planned Commencement Ceremonies which do not include a dinner and dance.

Over the last several years, more and more families have chosen to participate in the Ceremony portion and not the dinner and dance held afterward. As Memorial Composite High School and our sister schools always strive to be equitable and inclusive, we are committed to providing a Graduation Ceremony which celebrates this milestone for ALL students in a safe and caring way. Our school would be more than willing to work with and support a parent organized dinner and dance; at this time, no one has approached us to propose one for the Grad of 2022.

Currently, here at Memorial Composite High School, our graduation committee is working very hard with staff advisors to finalize details to provide entertainment, speeches and our traditional Grand March to showcase the Class of 2022 at our Ceremony on June 25, 2022. These students deserve to be the center of our attention as it is their Graduation Year.



**MAY
19**



The Memorial Composite High School Rotary Interact students will be hosting a Bike-A-Thon on Thursday, May 19th, 2022. The event is organized to provide Memorial students, staff, and others from the community, including the Stony Plain Rotary Club and dignitaries from the Town of Stony Plain, with the opportunity to participate in an all-day event that will provide awareness and raise funds for various International or Local Projects.

This year the Interact students from Memorial Composite High School have chosen to partner with the Alberta Cancer Foundation. Many people have been impacted by cancer in one way or another and our leadership students are providing an avenue for the school and community to support cancer research, as well as, enhance earlier detection and improve cancer treatment methods.

Please check the school announcements for updates or speak with Ms. McGonigal and/or Mrs. Thomas for more information.

MCHS BIKE-A-THON



MCHS HIGHLIGHTS

CTS Students of the Month

Cole Sherwood
Mechanics



Ian Kerr & James Rolfe
Entrepreneurship



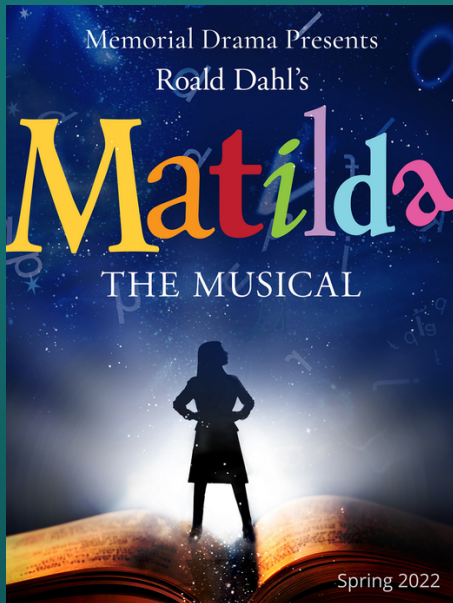
Raquel Sparling
Cosmetology



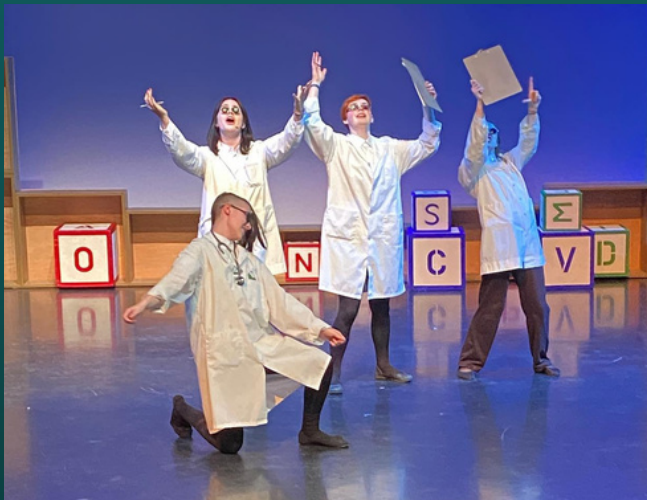
Kyle Marron
Food Studies



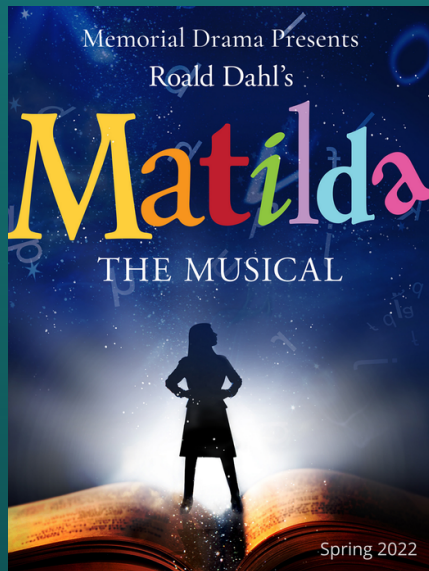
MCHS HIGHLIGHTS



Congratulations to Mr. Tokarsky & the MCHS Drama students on their AMAZING presentation of **Matilda** that took place on March 29 & 30 at Horizon Stage!



MCHS HIGHLIGHTS



MCHS HIGHLIGHTS

Scott and Lucas help make sure the School Store is always stocked!

GOOD
TIMES



Is there a better way to learn about particles in motion?



MCHS FOODS



ATHLETICS

Marauders

February Athletes of the Month

Lauren Fafard
Badminton



Casey Laevens
Badminton



GO MARAUDERS!

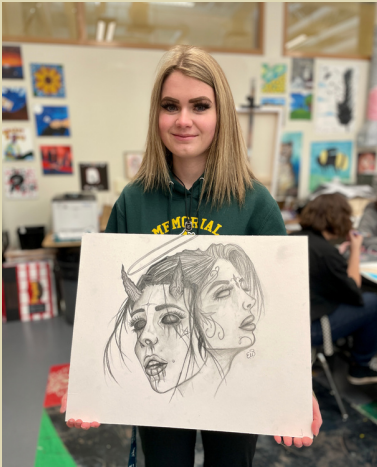
CONGRATULATIONS

Rugby 7's women team has finished up try outs and cannot wait for the season to start and get outside on the grass soon.

The Track & Field team has started to practice here at the beginning of April and all athletes are welcome to attend. There are many events for every type of athlete. See Ms. McGonigal or Ms. Thomas for more information.

Soccer (mens & womens team) have their tryouts on April 5 & 6 at Fuhr Field (turf field) in Spruce Grove from 3:45- 5:30 pm. See ms. Kaye (women) or Mr. Khan (men) coaches for more details.

MCHS ART



MCHS ART



MEMORIAL BUSINESS

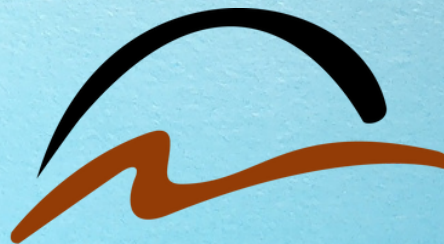


Students in the Entrepreneurship class are now operating their start-up businesses. Check out their business ads on Memorials' homepage, Kijiji, and Facebook Marketplace. You will also find them on social media platforms that include Instagram and Facebook.

The businesses include Borstmayer's Blades, LED Tech, Lucky Marauder Raffles, Shake Evolution, Sparks Skate Sharpening, Wick-ed Candles and WORL Clothing.

The Business Competition Team has now competed in two case competitions this year: SAIT's Case Clash and MacEwan University's Business Challenge. They performed very well at both events. Next, the team travels to Saskatoon to compete in the SBTA High School Case Competition. The team consists of Oliver Magnus, Ryder Chambers, Benny Plante, Adrian Janzen, Ryan Burton, Ryder Reaney, and Hunter Hollands.

A special thanks to the sponsors who generously support the Business Competition Club: Birdsell Grant LLP, Hawkings Tinney LLP, and Kevin Mullane Wealth Management.



Parkland School Division **Resources**

Click here to download the latest ***Stronger Together***
Newsletter from Parkland School Division



**Latest Issue: When Anxiety
Becomes a Problem**

**In partnership with Alberta Parenting for the Future, Parkland
School Division is proud to present another FREE information
session for local families:**

Strong Families
Registration is free! Register HERE



In our upcoming Strong Families session, Kelly Pilkie and Brenna McKerrall of Aspire Counselling and Psychology will provide a space for individuals to talk about anxiety - what gets it going, what keeps it going, and what you can do to find calm and get relief from it. Learn how our brains, bodies and behaviours can work together to generate and manage anxiety, and how the practice of mindfulness can help calm the storm of anxiety when it threatens to overwhelm us.

Date: Thursday, April 14, 2022

Time: 6:30-8pm

Location: Online Zoom Webinar / Discussion Group

Presenter: Kelly Pilkie and Brenna McKerrall from Aspire Counselling and Psychology Inc.

PSD News

PSD Covid-19 Information

Community Resources

[Stony Plain Library](#)

[Stony Plain Youth Centre](#)

[The Town of Stony Plain Community & Social Development Programs](#) including:

- Webinars
- Neighbourhood Connect
- Grief Support
- Support Groups (Living with Loss to Suicide, BILY - Because I Love You, Caring Friends Bereavement Group)

[AHS Caregiver Information for the Edmonton Zone](#) - contains the [Caregiver Education Team Newsletter](#)

[The Green Book](#) - community resource directory for the City of Spruce Grove, Town of Stony Plain and Parkland County

[Alberta Health Services](#) -all the information you need regarding Covid-19 and can also help you:

- Find a doctor
- Find programs and services
- Find information and news about a range of health topics
- Stay informed about what is happening in your community

Don't forget that the 811 Health Link can provide you with health advice from a registered nurse 24/7. Remember, in a medical emergency, always call 911 or visit the nearest emergency department.

Indigenous Community Resources



12 Hours of Free Counselling!

Life comes with many difficult situations and feelings that can be hard to navigate. Talking it out with someone can help.

Through our partnership with Alberta Blue Cross and Homewood Health, we have established the **MNA Wellness Program**.

This service can help with mental health struggles you may be experiencing. All Citizens registered with the MNA have access to 12 hours of free, culturally sensitive, and confidential counselling with a professional.

Sessions are available 24/7 by phone call, video call, or instant messaging and will provide short-term support in key areas of life such as:

- Improving your personal well-being
- Managing relationships and family
- Addressing workplace challenges
- Taking financial and legal control in your life
- And more

To access this program, call **1-877-729-0261**. Remember when you log into **Homeweb** or call the phone number to be sure to say you are with the Métis Nation of Alberta.



Check out the [Metis Nation of Alberta Website](#)



The Indigenous Sport Council of Alberta (ISCA) is a non-profit provincial multi-sport organization representing all First Nations, Métis, Inuit and non-Status First Nations peoples in Alberta. The ISCA prides itself in promoting sport, physical activity, recreation and leadership opportunities built on the foundation of culture and traditions of Indigenous peoples in Alberta.

Sign up for the ISCA Newsletter [here](#)