

THE MEMORIAL MEMO



THE TORCH HELD HIGH



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The MCHS LAWS class at the Royal Alberta Museum

Happy Spring!

PRINCIPAL'S MESSAGE

I hope you all had a wonderful spring break. Along with the extra daylight and the weather warming, most of us have a lighter step and a bit more smile. It's a beautiful time of year.

It's also the time of year when we are deep into planning for next year. At this point, parents should have tended to two important tasks:

1. Completed 2023-24 online registration for next school year OR advised MCHS if your child will not be attending next year. (Parents of graduates, you are finally off the hook on this one!)
2. Had conversation with your student and reviewed course selections for next year. All students will be done entering their courses for next year by the end of next week.

THE BIKEATHON!! It is one of Memorial's premiere events each year. What a huge success!! We had more riders and more money raised for the Alberta Cancer Foundation again this year. The final total raised was \$35,931.66. Way to go Memorial!! While an event like this takes a team to pull off, gratitude goes out to Mrs. Thomas and Miss McGonigal for taking the lead on this fantastic experience.

There is always a lot going on at Memorial with athletics, fine arts, clubs, and trips always on the go. Open House is another premiere event and it was so nice to be able to welcome the grade 9s to see MCHS in person! A couple of new things have arisen recently. One is a student initiated Environmental Club, under the guidance of Mrs. O'Grady, who completed a waste audit of the school in March. We are looking forward to their results and recommendations. As well, Mr. Coghill and Mr. McCann have started up the MCHS Handball team. Everyone there is having some fun learning a new sport for us! Finally, thank you to the math department for Pi Day! Kids are more than happy to pull out their calculators when sweet treats are on the line!

We are at about the halfway point of the semester. With the nice weather, the wish to get outside, spring activities, and more, it will be challenging to keep the focus on school work. Check in with your kids regularly. PowerSchool is a parent's best source of information. With some effort, communication (if needed) and optimism, we can all get to the end of the school year successfully.

Happy Easter!

Ms. Jensen, Principal

MCHS General Information

MARCH HAPPENINGS

02 - Drama Field Trip - Horizon Stage to watch Addams Family
02 - 2023 Open House 5-8pm
03 - Robotics Field Trip - Genesis Centre, Calgary (VEX Robotics Provincials)
06 - G&G Meeting - 6:30
08 - Leadership Field Trip to Links Golf Course for Chamber of Commerce Women of Influence Lunch
12 - Daylight Savings Time Begins
14 - Parent Teacher Interviews - In Person
14 - Music Parents Meeting 5pm
15 - Student Leadership Conference
17 - Rotary Bikeathon
17 - St Patrick's Day
24 - PD Day - No Classes
20 - School Council - 7:00
20 - Choral Music Field Trip - Choral Celebration
27-31 - Spring Break

APRIL KEY DATES

03 - 14 Next Year Grade 11 & 12 Course Selections
03 - G&G Exec Meeting 6:30pm
05 - Choir & Vocal Ensemble Field Trip to St. Albert Music Festival
06 - Leadership Field Trip to Heritage Pavilion for PSD Education Planning Day
06 - Indigenous Parent Share Your Voice Project
07 - Good Friday
10 - Easter Monday
14 - Grad Ceremony Auditions
14 - Anime Movie Night 3:45
20 - Music Parents Meeting 7pm
21 - LAWS Field Trip - St. Albert Bowling
24 - School Council - 7:00 pm
25 - Grad Assembly
25 - Rotary Pancake Breakfast
27 - Valedictorian - Deadline April 27
27 - LAWS Field Trip - Swimming @ ACT
28 - PD Day

MCHS GRADE ADMINISTRATOR & COUNSELLOR TEAMS

GRADE 10 - MS. FISK / MS. MAZEREEUW

GRADE 11 - MS. JEWELL / MRS. NUIJENS

GRADE 12 - MR. COGHILL / MS. COX

BELL SCHEDULE

Mondays:

Block 1 8:30 - 9:55 am
Block 2 10:00 - 11:25 am
Lunch 11:25 - 12:25 pm
Block 3 12:25 - 1:50 pm
Block 4 1:55 - 3:20 pm

Tuesdays-Fridays:

Block 1 8:30 - 9:45 am
Block 2 9:50 - 11:05 am
Lunch 11:05 - 12:05 pm
Block 3 12:05 - 1:20 pm
Block 4 1:25 - 2:40 pm
Torch Time 2:45 - 3:20 pm



German 30 painting Easter eggs

Follow us on social media:



MCHS General Information

PowerSchool



This is our parents' primary way to check in on their child's marks/assignments, update contact information, and pay fees.

Sign into your account [here](#). For a [tutorial](#) on how to use PowerSchool, please visit our websites "[For Parents](#)" tab. Please contact Mrs. Campbell at the office if you need assistance accessing your account.

Reporting an Absence?

Please email mchs.absence@psd.ca or call 780-963-2255 and dial 1 anytime to leave a message. Please leave your child's full name, grade, and reason for the absence.

Reaching Your Child At School

Cell phones can be a distraction and a disruption to classroom learning. Our teachers and your kids have worked hard together to come up with routines so that cellphones are not disrupting class. Here are some things for parents to know about communicating with their kids while they are at school.

During class time, your child has most likely turned off the phone and put it in a pouch on the classroom wall. They may not be able to respond immediately.

You can contact your child during their designated lunch hour:

Mondays: 11:25 - 12:25
Tues-Fri: 11:05 - 12:05

We appreciate your support in reaching your child directly to minimize disruption to classroom instruction. Of course, we are happy to assist in an emergency.

School Fees

Please note that school fees are not visible on the PowerSchool App. Access to all information is only available through the [PowerSchool website](#).

Payment Options:

- PowerSchool – Fees can only be seen through the parent portal using a browser. Fees can't be seen through the phone app.
- Cheque – Payable to Parkland School Division and may be dropped off or mailed directly to the school.
- Debit or credit – Is available at the high school or Parkland School Division.

If you have any questions, please contact Ms. Miller at the Finance Office.

SCHOOL FEES	
School Culture	\$10
COURSE MATERIAL FEES	
Art 10	\$70
Art 20/30	\$80
ART 35	\$70
Communication Technology	\$44
Construction	\$75
Cosmetology 10 (5 credits)	\$32
Cosmetology 20/30 (10 credits)	\$65
Fabrication	\$80
Food Studies	\$60
LAWS	\$75
Mechanics	\$80
Outdoor Ed	\$70
Personal Fitness	\$40
Phys Ed 10 (5 credits)	\$80
Phys Ed 20	\$80
Phys Ed 30	\$80
Sports Medicine 15/25	\$60
Sports Medicine 35	\$65
Wellness 10	\$55

This table provides information on the school fees that will be charged for the 2022-2023 school year. Invoices for fees were sent in September and are due upon receipt.

MCHS General Information

School Council

Next Meeting:
April 24, 2023 7-8:30 pm
MCHS Conference Room
All MCHS Parents Welcome!

Green & Gold Athletics

Next Green & Gold Executive Meetings:
6:30pm-8pm
April 5, 2023 [Gmeet Link](#)
May 1, 2023 [Gmeet Link](#)
MCHS Conference Room or Google Meet

[Green & Gold Website](#)

Parkland School Division

[PSD News](#)

TORCH TIME

IMPORTANT REMINDERS:

- Monday Torch Time is integrated into class time and therefore, Mondays will run on a full day bell schedule with dismissal continuing to be at 3:20 pm. This changes lunch time on Mondays to 11:25 am - 12:25 pm.
- Tuesdays to Fridays will continue to have Torch Time scheduled from 2:45 - 3:20 pm and lunch will run from 11:05 am - 12:05 pm.
- Students and the school are still accountable for the whereabouts of students until the end of the full school day. All students need to be signed up for a Torch Session every Tuesday to Friday through PowerSchool.
- Parents and teachers can also sign up a student for a Torch Session. Students cannot unenroll from those sessions. There is a video below explaining to parents how they can sign their child up for a session.
- If a student is in good standing (meeting the expectations of their teachers, parents, and themselves) and have all of their assignments submitted to a passing level, they may use that time for a personal interest Torch Session (Open Gym, Fitness Training, etc.) or sign up to be Off Campus With Parent Approval (must leave school grounds). Students are also encouraged to sign up for academic sessions if they wish to improve their marks.

[Video - How to sign up for Torch Time using a phone](#)

[Video - How to sign up for Torch Time on PowerSchool Website](#)

Coming Up!



Good To Know!

On May 30, 2023 Memorial Composite High School is proud to be hosting the Metro Athletics Unified Jamboree. More to Come!



Our early-stage entrepreneur program is back for its 6th season. MacEwan Venture Lab is a 6 (this time 7) week program to get the fundamentals and vital mentoring.

- ideation and first customers
 - validation and experimenting
 - pitching and storytelling
 - cashflow and basics of financing
- We welcome all. We've had 12 year olds, remote/international attendees, different stages, all cultures, genders, any industry, etc. It's free, fun and great for connecting to other parts of the ecosystem. Sponsored by MacEwan, Edmonton Unlimited, ERIN, and more. [Fuse42.ca/MVL](https://fuse42.ca/MVL) for registration.

Parent Graduation Committee

A second bottle drive has been organized - find out more by contacting the Parent Grad Committee at the email address below. MCHS does not have information regarding this event. memorialgradcommittee@gmail.com.



Prom Night

Friday, June 30th
At the Heritage Pavilion in Stony Plain

- Doors Open at 7pm
- Close at 2am
- Appetizers & Finger Foods
- Graduate and Plus One (Not a family event)
- DJ, Dance, & Photo Booth
- Refreshments
- Sign in and Sign out
- No one in attendance is permitted to drive



Tickets Available NOW!

Led by Memorial Parent Grad. Committee

- **Friday, June 23, 2023** - Bus pass deadline to make payment arrangements or pay-in-full.
- **The deadline has passed and if you have not registered yet, you may not get the transportation you need - register as soon as possible!**

For all the information you need to register your child(ren) for school and transportation please follow this link:

[2023-2034 Registration/Verification](#)



Gradwear/Spirit wear - [Order Here](#)

Coming
Up!



Good To
Know!

Memorial Composite High School would like to thank all of the volunteers from in and around our community. Whether you volunteer at the school or elsewhere, your contributions make a difference and so WE THANK YOU!

Taste of Memorial is a school wide event where staff and students can participate by sharing their culture through food. This event will take place on May 5th.

Volunteers will be asked to create a food sample that represents their heritage and/or culture. They will set up a booth in the small gym on May 5th, 2023 where students and staff will then have the opportunity to purchase tickets in exchange for food samples. All food samples should be small in size (think the samples you can get at Costco).

For example: The French Club (and others with this cultural heritage) could collaborate to set up a booth to represent the French Language program and provide a cultural treat like crepes.

All proceeds from tickets purchased will go to the following:

POC Talks Club & Leadership Class
(organizers of this event)

POC Talks Scholarship Fund for future students that have a focus and desire to ensure belonging within our school and community.

If students are interested in volunteering for this event, please contact Karley Guthrie at karley.guthrie@psd.ca.

Cosmetology 30s are accepting clients!

Appointments are available during block 2 (9:50 -11:05)

Solid Color \$25.00

Haircut \$5.00

Hairstyle \$5.00

Treatments \$5.00

Facial \$5.00

Manicure \$5.00

Please email jessica.gardner@psd.ca to book an appointment.



A Pancake Breakfast is scheduled for Tuesday, April 25th. The Interact students will be making pancakes and selling them from 7:45 AM until 8:45 AM. The cost is \$5 for 3 pancakes and a juice box. There will be strawberries, whip cream and syrup for toppings.

yum!



Indigenous Education

Here at MCHS, we are looking to improve and find new ways to support our Indigenous students. Our goal is to assist students and families in achieving success in high school while building culture and a sense of belonging.

We have classroom based programs, such as the Indigenous Based Program, where students are able to work at their own pace with the support of staff. As part of our school community, we help to support the transition of our students into highschool and into classroom based courses; as well as academic counselling and post-secondary guidance. We aim to connect with students emotionally, socially, academically and culturally.

We have a dedicated staff that are here to support all First Nations, Metis and Inuit Students. Please feel free to reach out and connect with staff, we are open to listening to and hearing your voice and stories.

Leanne Traverse is an Indigenous Graduation Coach and teacher of Indigenous Education at MCHS. Currently, she is in her 17th year of teaching. She attended the University of Alberta to complete her Education degree and is currently pursuing a Masters Degree in Educational Policy Studies with a focus on Indigenous Peoples Education.



Leanne is a Metis woman from Treaty 6 territory and has worked at MCHS since 2010 teaching English, Wellness 10 which uses Indigenous perspectives to guide the course and Aboriginal Studies.

Currently, she and Robin Boleski are working together to support students in an Indigenous Based Program that supports students in an independent and specialized environment.

So far, the program (which is still in its infancy stages) has been very successful and students are finding that it suits their needs well.

We are currently working on collaborating with a local Elder to create a name for the program using the Cree and Stoney language, so stay tuned!

Welcome

Robin is working through his 17th year of teaching. He and his wife attended the U of S at the same time, in the early 2000's. His main area of teacher-training was in Mathematics, and his minor was Native Studies. He has taught mostly mathematics; along with Science, Law, Native Students and Accounting. He has coached hockey, basketball and cross-country.

Despite his (father's adopted) Polish last name, his ethnic background is English, Scottish, Danish, and Cree. He is a proud member of the Big River First Nation #118, a Treaty 6 Cree Nation in Saskatchewan. His Band recently opened a brand new arena, and named it after his uncle Jim Neilson, who had a lengthy and successful NHL career.

Robin is married with two young children who attend school in Parkland. His late father, Lanny, was an accomplished CFL player with the Calgary Stampeders. He prefers hockey over football; in addition to playing hockey, he spends most of my time with his family, riding his bikes and working out.

Robin is grateful to the various leaders in Parkland Schools for their vision and creativity in establishing this program. He is humbled to be a part of this journey, and is tremendously thankful to work alongside Mrs. Traverse with the ultimate goal of moving our Indigenous students on to various post-secondary opportunities.

Rhonda Harbert is an Indigenous Graduation Coach at MCHS. She worked her way towards her Education degree by starting her first year of post-secondary at Maskwacis Cultural College and graduated from the University of Alberta in 2005. This is her 18th year of teaching.

Rhonda is First Nations from Bigstone Cree Nation in Treaty 8 Territory. She grew up in Calling Lake, Alberta as the ninth child of a family of ten. She has two adult sons who both reside in Edmonton.

Rhonda is excited to be a part of the MCHS team and is looking forward to supporting Indigenous youth on their journey through high school and helping them explore post-secondary opportunities.





Rotary Club of Stony Plain



MCHS Interact Club

THANK YOU!!

To all the staff, students, volunteers, and sponsors for your support with Memorial Composite High School's 6th Annual Bike-A-Thon!



With your support, we have raised

\$35,931.66

for the Alberta Cancer Foundation



Sharon Cornelius

Terry Skow

The Thomas Family

The McGonigal Family



GERMAN BAKING AND DESSERTS



TAG LOGISTICS CORPORATION



Graduation



Grad 2023
Friday, June 30, 2:00 pm
Edmonton Convention Centre

Grad Ceremony Performances

Graduates, are you interested in performing during your Graduation Ceremony? If so, please stop by the Music room and add your name to the Grad performance sign-up sheet.

May 6 - Sign-up sheet available in the Music room

April 8 - Deadline for auditions

April 14 - Auditions held in the music room during the noon hour

Upcoming Student Events in April (watch for the announcements)

Valedictorian Speech Application

Grad Speech Applications - Historian, Tribute to Staff, Tribute to families, Indigenous Blessing

Grad Song Voting

Graduation Student Assembly - April 25 during Blk 3 in large gym

Graduation Fees

The Grad Fee is due for all students wanting to participate in the Ceremony. Payment can be made online through the PowerSchool Parent Portal or by cheque, debit, cash or credit card at Memorial's Finance office. [Grad Fee Form](#)

IMPORTANT NOTE: The Grad fee form is used to track all students who wish to participate in the Graduation Ceremony. Reminder to hand in your Grad Fee form to Mrs. Sorenson in Student Services or via email wendy.sorenson@psd.ca if it has not yet been submitted.

Graduation Tickets

Ceremony ticket sales will run from June 1 starting at 9:00 am until June 22, 2023. The individual ticket price and number of ticket available per student has not yet been determined. Graduates will not require a ticket.

Graduation Requirements

Students are responsible for ensuring they meet the Alberta High School Diploma/KAE Certificate requirements to graduate and must be on the Final Grad List (posted May 31 in the Grad display case and the Grade 12 google classroom) to participate in the Graduation Ceremony. Any student concerned about their eligibility to graduate must see Mr. Coghill (Grade 12 Administrator) or Ms. Cox (Grade 12 Counsellor).

As we continue to plan for our Graduation event, please check [Memorial's website](#) often for updates and watch for messages in your inbox from the school.

CONTINUED on next page

Graduation



Grad 2023
Friday, June 30, 2:00 pm
Edmonton Convention Centre

Class of 2023 Valedictorian

What an incredible privilege it is to stand before your peers, family and school faculty speaking on behalf of your Graduation Class. Memorial invites all interested students to apply for this prestigious honour. In essence, the honour of being the MCHS Valedictorian belongs to a student who demonstrates excellence in each of these values:

Learning - The Valedictorian demonstrates academic excellence, earning a weighted GPA within the top two percent of the Grade 12 students.

Caring - The Valedictorian demonstrates citizenship and caring through extra-curricular activities and a willingness to put the needs of others at the forefront of consideration.

Respect - The Valedictorian demonstrates respect for his/her peers, teachers, and community. The valedictorian is willing to mentor others, dedicate time and energy to worthwhile causes, and works toward improving his/her community.

A student who demonstrates each of these values is an excellent ambassador for Memorial Composite High School and is worthy of the honourable title, Valedictorian.

Application Process

1. Apply by clicking on this link [Valedictorian Application](#) stating your desire to be the Valedictorian for the Class of 2023.
2. Your application must be supported by two letters of reference from either:
 - a. two MCHS teachers, or
 - b. one MCHS teacher and one community member
3. Applications must be submitted by 3:30 pm on Thursday, April 27, 2023.

Grad Assembly

A Grad Assembly will be held on Tuesday, April 25 (12:15 pm). A general announcement will be made following Block 3 classroom attendance requesting graduating students to proceed to the large gym.

Mr. Coghill and Ms. Cox will host a brief meeting featuring the latest graduation information, important dates and deadlines, and review the eligibility requirements for making the final Grad list and participation in the Graduation Ceremony. The Class of 2023 "M" group photo will be taken by the Yearbook class during the meeting. Don't miss out on this opportunity to be part of an MCHS tradition!



Parent Graduation Committee

The Memorial Parent Graduation Committee is a volunteer group that is hosting an event following the graduation ceremony. For further information please send an email to memorialgradcommittee@gmail.com.

COUNSELLORS' CORNER



First-Time Parents Night was held on February 28th. If you missed it, you can find information that was shared here (click image):



We are in the process of submitting course selections with the future grade 11 and 12 students for the 2023-2024 school year. Students should receive their timetables in June. The Counsellors will be visiting grade 12 classes at the end of April or the beginning of May to discuss Scholarships offered through MCHS and Community partners. A link will be provided at a later date so that the grade 12 students can apply for scholarships if they plan on doing post-secondary education.

In addition, students can explore information on scholarships offered by clicking on the ALIS (Alberta learning, career and information site):

<https://alis.alberta.ca/explore-education-and-training/pay-for-your-education/scholarships-and-bursaries/>

If you need assistance with post-secondary options, career ideas, scholarships and/or personal matters please do not hesitate to make an appointment with Student Services.

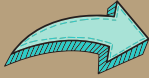
SPOTLIGHT



MCHS has a new office assistant for Semester 2. Please say hello to Michael if you see him around delivering packages and helping the office staff throughout the morning.



Check out this machine!



There is some amazing work coming out of the CNC Design class!

CNC stands for Computerized Numerical Control. It is a computerized manufacturing process in which pre-programmed software and code controls the movement of production equipment.





Two teams from the Memorial Business Competition Club competed in the NAIT Innovation Challenge between February 1-11, 2023. The first team was made up of Ryan Burton, Jaleesa Anderson, and Kara Zandbeek. The second team was made up of Barrett Ellert, Jakob Whiffen, Elijah Wilfert, and Jaden Van Dasselaar. Both Marauder teams submitted excellent videos with solutions to the problem "How might the collective "we" improve public safety in private/public mixed-use spaces?"

In the end, the team made up of Barrett Ellert, Jakob Whiffen, Elijah Wilfert, and Jaden Van Dasselaar won first in the high school competition. **With the win, the team shared \$1000 in cash money!**

CONGRATULATIONS!

Next, two teams of four from the Business Competition Club will also be participating in the SAIT Case Clash between April 2 and April 8. The first team is made up of Elijah Wilfert, Barrett Ellert, Jakob Whiffen, and Sophia Aniskou. Team 2 is made up of Gabriel Parent, Jaleesa Anderson, Jaden Van Dasselaar, and Hunter Hollands. In this competition, high school students will have the opportunity to develop their teamwork skills, financial literacy, and awareness on a possible career path in business. Teams of 4 students will have a week to develop a meaningful solution to a business case topic that will be revealed on the orientation day. Prizes are awarded as follows:

1ST PLACE: \$700

2ND PLACE: \$500

3RD PLACE: \$300





Marauders ATHLETICS

Badminton is just finishing up their league the 1st week in April. Team playoffs will begin right after.



Women's rugby 7's are in full force and ready to begin their push to Provincials again for this year.

Men's Handball are having a fun season and learning a lot as this is their first season.



Men's & Women's Soccer tryouts are on April 11, 18 & 20 at Fuhr turf field in Spruce Grove.

Track & Field is also beginning on April 11 and all athletes are welcome and compete in the events they want. The more the merrier.




Intramural Champs and Runner-Ups


MARAUDER
Athlete of the Month

FEBRUARY

Paige Colgan
SR Basketball



Sheldon Gattrell
JV Basketball




Sponsored by: Green & Gold Society


MARAUDER
Athlete of the Month

March

Bennett Fieldhouse
Handball



Kyle Marron
Badminton



Sponsored by: Green & Gold Society

Choir

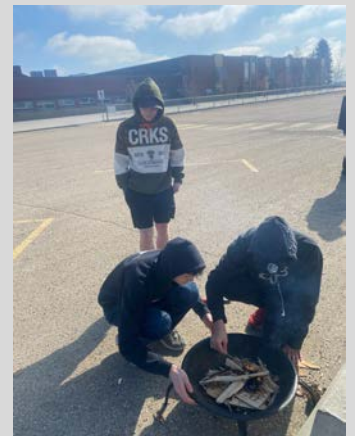
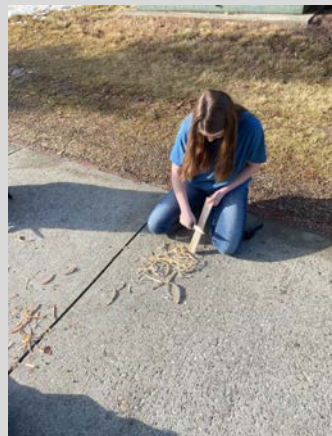


The Choirs of MCHS are thrilled to be back to a full, live-performance season! In March they participated (with 18 elementary and middle school choirs!) in Parkland School Division's much loved Choral Celebration. This month they are looking forward to competing at the St. Albert Music Festival, and our Spring Tour which will include two elementary school performances as well as a collaboration with the choirs of Lindsay Thurber Comprehensive High School in Red Deer. It's wonderful to see the Choral Community coming back together, and our MCHS singers representing our school so brilliantly!



Outdoor Education

The outdoor ed class has been learning about survival skills and doing fire building!



MCHS ART



MCHS ART



Royal Canadian Mounted Police Youth Camps

The Royal Canadian Mounted Police are currently accepting applications to their youth camps. The camps will be held at the Edmonton RCMP Headquarters. Thirty youths from Alberta will attend each camp from Monday to Friday during the summer of 2023. The camp is open to any youths between the ages of 16-19.

Multicultural Youth Camp - July 17-21, 2023

RCMP Youth Camp - July 24-28, 2023

Mighty Buffalo Youth Camp - August 7-11, 2023

Soaring Eagle Youth Camp - August 14-18, 2023

The deadline for application is May 1, 2023.

You can get the application package from the MCHS Student Services Office.



Parkland School Division offers Summer School for current and incoming high school students at [Connections For Learning](#). Students over the age of 18 are also welcome to register, and select courses are open to students who have completed Grade 7.

Registration for Summer School at Connections for Learning opens on Monday, April 3, 2023, and will remain open until Friday, June 23, 2023. Please view the [Summer School Registration and Fees pages](#) for more information.

For a detailed list of the courses on offer and their prerequisites, check out the [Summer School Courses page](#).

Schedule & Calendar

Summer School 2023 will run from Tuesday, July 4 until Wednesday, July 19 using the following schedule:

Monday-Friday: 8:30am-3:30pm

Saturdays: 8:30am-noon

Please see our [school calendar](#) for specific Summer School dates.

Indigenous Community Resources



[Metis Nation of Alberta Website](https://www.metisnation.ca/)



[First Nations Health Consortium](https://www.fnhc.ca/)



[The Indigenous Sport Council of Alberta \(ISCA\)](https://www.isca.ca/) is a non-profit provincial multi-sport organization representing all First Nations, Métis, Inuit and non-Status First Nations peoples in Alberta. The ISCA prides itself in promoting sport, physical activity, recreation and leadership opportunities built on the foundation of culture and traditions of Indigenous peoples in Alberta.



<https://www.ncsa.ca/>

Chief Aranazhi School invites you to participate in...

HOPE AND HEALING

A GATHERING FOR THOSE TRAVELING FROM HEAD TO HEART

EDUCATION, HEALTHCARE, RECREATION, CEREMONIAL AND COMMUNITY LEADERS OF ALL AGES INVITED.

A tri-regional learning conference to ignite youth, culture and community.

Alexis Nakota Sioux Nation Education
Change Health Alberta
Tamarack Institute for Community Engagement
University of Alberta - Drs. Dwayne Donald and Sean Lessard

APRIL 21-22 | 2 DAYS, 1 FOCUS

YOUTH

Register for free at www.changehealth.ca/events

HOPE AND HEALING CONFERENCE

21_22
APR
2023

Moving from head to heart with our youth...

21 APRIL

8AM | BREAKFAST AND WELCOME

Elder Prayer and Blessing
Chief Tony Alexis, Regional Leaders and Elders

9AM | SESSIONS

Youth Writing, Storytelling and Publishing - Dianne Meli
Education and the Struggle to Become a Real Human - Dr. Dwayne Donald
Conflict in Communities - Tools and Stories for Best Practice

1PM | SESSIONS

Bubbling Up: Hope for Indigenous Youth - Dr. Sean Lessard
Wahogicobii / Kinship - Sherry Letendre

5PM | LIVE MUSIC AND CONVERSATION CAFE DINNER

Paul Born - Breakthrough Community Conversations
Alexis Nakota Sioux Nation Drum and Dance
One Voice Performance - Community Musicians

22 APRIL

9AM | BREAKFAST AND KEYNOTE

Elder Prayer and Blessing
Josh Morin - Leadership and the Land

10AM | SESSIONS

Gairdner Science and Innovation Panel
Art Expressions with Dianne Meli and Martina Aginas
Why Move? Physical Literacy and Youth - Jen Telfer
Black Book Project: Creating Representation in Schools - Adomako-Ansah

1:15 | CLOSING REMARKS AND CIRCLE

Rhythm, Rhythm, Rhythm - Lucas Coffey
AJA Loudon, Charles P. Jonah, LeTendre
Closing Prayer - Elders Martha and Charlie Letendre

2PM | POWWOW

School Powwow Grand Entry

YOUTH EXCITEMENT

APR 20 | STEW AND BANNOCK YOUTH WELCOME

We welcome all youth to a youth-only supper on the night of Apr. 20; contact avery@changehealth.ca

FRI-SAT | CHANGE HEALTH YOUTH LEADERSHIP

2-day progressive leadership training for CHYL or CHYL curious youth leaders

SAT | EMMA'S KITCHEN ENCOUNTER

Healthy Snacks and Smoothies with Change Health's Emma Wawichar

FRI-SAT | TIPI TEACHINGS

Youth will share in teachings while putting up and taking down tipis with Phillip Camplou. Bannock on a stick too!

REGISTER
[WWW.CHANGEHEALTH.CA](https://www.changehealth.ca)

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Community Resources

[Stony Plain Public Library](#)

[Stony Plain Youth Centre](#)

[The Town of Stony Plain Community & Social Development Programs](#) including:

- Webinars
- Neighbourhood Connect
- Grief Support
- Support Groups (Living with Loss to Suicide, BILY - Because I Love You, Caring Friends Bereavement Group)

[AHS Caregiver Information for the Edmonton Zone](#) - contains the [Caregiver Education Team Newsletter](#)

[The Green Book](#) - community resource directory for the City of Spruce Grove, Town of Stony Plain and Parkland County

[Alberta Health Services](#)

- Find a doctor
- Find programs and services
- Find information and news about a range of health topics
- Stay informed about what is happening in your community

We hope you enjoyed our newsletter.

