

# THE MEMORIAL MEMO

*THE TORCH HELD HIGH*



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MCHS Drama performance of "Something Rotten" at Horizon Stage



## PRINCIPAL'S MESSAGE

Dear Memorial Parents & Guardians,

Welcome to 2024! I hope that you all had a lovely winter break and were able to enjoy some relaxation and create some great family memories.

There are nine more days of class before exams begin. January 19 is the last day of semester one classes. It's crunch time to make the difference for final marks. All the information you need about your kids' progress is on PowerSchool, check there first and then contact the teacher if you need any further clarification. Here is the information about MCHS January exams so you can help your kids be where they need to be when they need to be there.

As we approach semester change, I would recommend your student see their counselor as soon as they identify the need for any schedule changes for semester two. With half the year behind us, there will not be as many choices available to address course needs.

I'd like to give a shout out to Mr. Tokarsky, who directed his final performance as the MCHS Drama teacher. Something Rotten was once again an amazing production! The slideshow of performances MCHS students have performed over the years was a clear indication of the ability Mr. Tokarsky has to draw out the talent of his students and create a tight knit community for them. Semester two is festival season which will lead him to retirement at the end of the school year. It was heartwarming to see the number of alumni returning for his final show.

Sincerely,  
Ms. Jensen, Principal



# MCHS General Information

## JANUARY KEY DATES

- 08 - Return from Winter Break
- 08 - G & G Executive Meeting - 6:30
- 10 - English Diploma - Part A
- 11 - Social Diploma - Part A
- 12 - MCHS Jr. Basketball Tournament
- 13 - LAWS Divisional PD - No Classes
- 17 - Personal Fitness field trip to Fitset Ninja
- 19 - Last Day of Classes
- 22-30 School Exams
- 22 - Math Diploma
- 22 - School Council - 7:00
- 22-26 - Grad Photos
- 23 - English Diploma - Part B
- 24 - Social Diploma - Part B
- 25 - Biology Diploma
- 26 - Chemistry Diploma
- 29 - Physics Diploma
- 30 - Science 30 Diploma
- 31 - High School Turnaround Day - No classes

## FEBRUARY KEY DATES

- 01 - Semester 2 First Day of Classes
- 05 - Timetable Change Deadline
- 05 - First Time Parents Night - 6:00 - 8:00 Large Gym
- 05 - G&G Executive Meeting - 6:30
- 06 - MCHS Jr. Girl's Basketball Game - vs J. Percy Page 5:30 - 8:00
- 08 - 09 - Teachers' Convention - No Classes
- 12 - 2024/2025 - Online Registration Opens
- 12 - Marauder Music Parents Association Meeting 4:00pm
- 13 - MCHS Open House & First Time Parents Night 5:30-8:00pm
- 14-28 Feeder School Visits
- 14 - Valentine's Day
- 14-15 Jostens Grad Order Days 10:30 - 12:30 in the Common Area
- 16 - PD Day - No Classes
- 16 - MCHS Sr. Basketball Tournament
- 19 - Family Day - No School
- 20 - MCHS Jr. Boy's Basketball Game vs Oscar Romero 5:30 - 8:30
- 21 - MCHS Sr. Men's Basketball Game vs. St. Joseph 5:00 - 9:00
- 21 - MCHS Sr. Women's Basketball Game vs. Edmonton Christian 5:00 - 9:00
- 26 - School Council - 7:00
- 28 - Pink Shirt Day

## BELL SCHEDULE

### **Mondays:**

- Block 1 8:30 - 9:55 am**
- Block 2 10:00 - 11:25 am**
- Lunch 11:25 - 12:25 pm**
- Block 3 12:25 - 1:50 pm**
- Block 4 1:55 - 3:20 pm**

### **Tuesdays-Fridays:**

- Block 1 8:30 - 9:45 am**
- Block 2 9:50 - 11:05 am**
- Lunch 11:05 - 12:05 pm**
- Block 3 12:05 - 1:20 pm**
- Block 4 1:25 - 2:40 pm**
- Torch Time 2:45 - 3:20 pm**

## MCHS GRADE ADMINISTRATOR & COUNSELLOR TEAMS

**GRADE 10 - MR. COGHILL/ MS. COX**

**GRADE 11 - MS. FISK/ MS. MAZEREEUW**

**GRADE 12 - MS. JEWELL/ MRS. NUIJENS**

**Follow us on social media:**



# MCHS General Information

## PowerSchool



This is our parents' primary way to check in on their child's marks/assignments, update contact information, and pay fees.

Sign into your account [here](#). For a [tutorial](#) on how to use PowerSchool, please visit our websites "[For Parents](#)" tab. Please contact Mrs. Campbell at the office if you need assistance accessing your account.

## Reaching Your Child At School

Cell phones can be a distraction and a disruption to classroom learning. Our teachers and your kids have worked hard together to come up with routines so that cellphones are not disrupting class. Here are some things for parents to know about communicating with their kids while they are at school.

During class time, your child has most likely turned off the phone and put it in a pouch on the classroom wall. They may not be able to respond immediately.

You can contact your child during their designated lunch hour:

Mondays: 11:25 - 12:25

Tues-Fri: 11:05 - 12:05

We appreciate your support in reaching your child directly to minimize disruption to classroom instruction. Of course, we are happy to assist in an emergency.

## Reporting an Absence?

Please email [mchs.absence@psd.ca](mailto:mchs.absence@psd.ca)

Please leave your [child's full name, grade, and reason for the absence](#).

If your student is [running late](#), please get them to check in to the office.

## Picking up your child up early?

Please be aware that our phone lines are very busy between 2:45 and 3:30. There have been significant hold times.

To avoid this, please call in earlier in the day to advise of the absence. This will help you and the office. Thanks so much.

## School Fees

Please note that school fees are not visible on the PowerSchool App. Access to all information is only available through the [PowerSchool website](#).

### Payment Options:

- PowerSchool - Fees can only be seen through the parent portal using a browser. Fees can't be seen through the phone app.
- Cheque - Payable to Parkland School Division and may be dropped off or mailed directly to the school.
- Debit or credit - Is available at the high school or Parkland School Division.



If you have any questions, please contact Ms. Miller at the Finance Office.

# MCHS General Information

## School Council

Next Meeting:  
January 22, 2024 7-8:30 pm  
MCHS Conference Room  
All MCHS Parents Welcome!

## Green & Gold Athletics

Next Green & Gold Executive Meetings:  
February, 5 2024 - 6:30 [Gmeet Link](#)  
MCHS Conference Room or Google Meet

## [Green & Gold Website](#)

## Parkland School Division

### PSD News

[Click here to see the latest \*Stronger Together\* Newsletter from Parkland School Division](#) that includes learning opportunities in the Strong Families series.

*Latest Issue: Happy New Year*

Explore this month's issue for a spotlight on the new year filled with fresh opportunities and shared accomplishments . And tons of community resources and contacts.



### IVOLUNTEER SIGN UP - HAPPY VOLUNTEERING!

If you have any questions about your current point balance or those still required; please email: [volunteercoordinator@greenandgoldathletics.com](mailto:volunteercoordinator@greenandgoldathletics.com)



## TORCH TIME

### IMPORTANT REMINDERS:

- *Monday Torch Time is integrated into class time and therefore, Mondays will run on a full day bell schedule with dismissal continuing to be at 3:20 pm. This changes lunch time on Mondays to 11:25 am - 12:25 pm.*
- *Tuesdays to Fridays will continue to have Torch Time scheduled from 2:45 - 3:20 pm and lunch will run from 11:05 am - 12:05 pm.*
- **Students and the school are still accountable for the whereabouts of students until the end of the full school day. All students need to be signed up for a Torch Session every Tuesday to Friday through PowerSchool.**
- **Parents and teachers can also sign up a student for a Torch Session. Students cannot unenroll from those sessions. There is a video below explaining to parents how they can sign their child up for a session.**
- **If a student is in good standing (meeting the expectations of their teachers, parents, and themselves) and have all of their assignments submitted to a passing level, they may use that time for a personal interest Torch Session (Open Gym, Fitness Training, etc.) or sign up to be Off Campus With Parent Approval. Students are also encouraged to sign up for academic sessions if they wish to improve their marks.**

[Video - How to sign up for Torch Time using a phone](#)

[Video - How to sign up for Torch Time on PowerSchool Website](#)

# COUNSELLORS' CORNER

Semester 2 is just around the corner and time for a fresh start! In the meantime, there is a looming reality called “FINAL EXAMS”. Exam preparation eliminates exam stress.

Here are a few reminders to help study and prepare for said exams:

- Do not wait until the night before the exam to crack open your book and read your notes. The sooner you start the better equipped you will be. You will gain more confidence and be more relaxed when you write your exam if you have spent time preparing for the exam.
- The ability to concentrate depends on sleep, healthy eating and regular exercise. The more you get of each, the better you will do on exams. Start studying early and study as often as you can fit in.
- Choose your best study environment. The best studying is done where there is a surface for writing, good lighting and comfortable. While it may be tempting to lay on a comfy cozy bed, you will be more alert and motivated when sitting at a desk than when lying down.
- Eliminate distractions as best as you can. Try setting a timer on your phone for 30 minutes so that you are not distracted by social media, email, music, video games, etc. and use the time to study without interruption. Studies show that if you study in 30-minute blocks and then take a short break you retain the most information.

If you would like more resources about study techniques or test-taking strategies, please ask your teachers or visit Student Services. “We are what we repeatedly do. Excellence, then, is not an act but a habit.” --Aristotle

Good luck with your final exams! Have a great start to semester 2!

fresh  
START

Grade 10 - Ms. Cox

Grade 11 - Ms. Mazeereuw

Grade 12 - Mrs. Nuijens



# Coming Up!

# Good To Know!

Applications for next year's in-person, 3-month high school Alberta/Germany Exchange program are now open for registration!

What does this program offer?



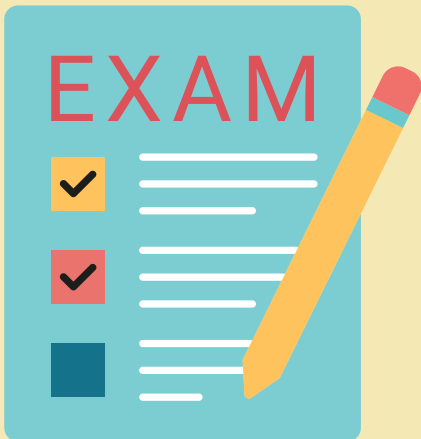
- Supercharge your German!
- See the world!
- Explore potential post-secondary and career opportunities
- Live and learn in one of the economic and cultural powerhouses of Europe

This program is available to students who will be taking German 30 or Advanced German at MCHS next year. (So current Grade 11s and maybe 12s) But don't worry Grade 10s; you can apply in the future too.

Hurry though! Applications are due to Mr. Goulet by March 1st. (And they can be complex, so come see Mr Goulet ASAP if you are interested or for more information)

## MCHS 2024 Ski Trip

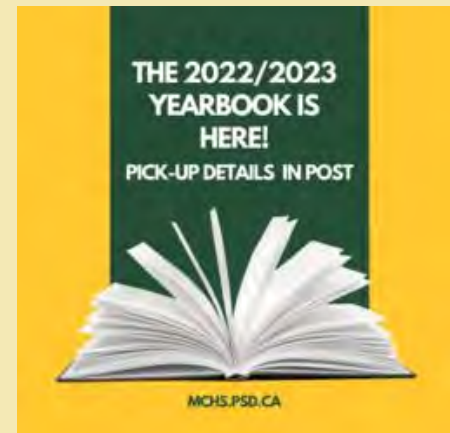
If you are interested in coming on the ski trip to Fernie Feb 15-18, please look on Your Grade level Google Classroom and complete the Interest Form. Based on interest Mr Coghill and Ms. Jewell will be setting up an information meeting and giving forms out to those who are in good standing at the school. This includes attendance, marks, and behaviour.



Diplomas are just around the corner.  
Please see: Exam Schedule

## **Yearbooks 2022/2023**

If you have purchased a yearbook they are available for pick up in the main office  
from: Monday-Friday 8:00-4:00pm



# Graduation



## Grad 2024

Thursday, June 27, 2024

Edmonton Convention Centre

Time: 2:00pm

2024 Grad Fee Form - Has been posted on the [website](#) and the PowerSchool Parent Portal.  
2024 Grad Handbook - Has been posted on the [website](#) and in the Grade 12 Google Classroom.

### Graduation Photos:

Graduation Fees must be paid prior to booking a portrait session, or the appointment will be cancelled.  
**Graduation fees are due on December 8, 2023**, and are payable in the school finance office or through the PowerSchool Parent Portal.

Grad photos are scheduled at Memorial on January 22-26, 2024.  
Photo appointment reservations will open on December 15 @ 9:00 am, and can be booked with the Lifetouch Appointment Plus online scheduling system.  
Photo proofs will be mailed home; therefore, it is important that you provide Lifetouch with your current home mailing address when checking in for your appointment.

### Please note:

Students who wish to have a photo taken with their pet must schedule an appointment for a portrait session at the Lifetouch Studio in Edmonton by calling 780-437-2431. Graduation fees must be paid prior to booking a session at the studio.

### Graduation Photo Re-takes:

Graduation Photo Retakes will be held March 4 - 7, 2024. Re-take photo appointment reservations open at 9:00 am on February 13, 2024, and can be made with the Lifetouch Appointment Plus online scheduling system.

### Jostens Class Rings & Graduation Keepsakes

MCHS Class of 2024 students can [design and order a Jostens Class Ring online](#).  
Jostens also offers several [graduation products](#) at a lower cost than that of a class ring, so students can celebrate their commencement no matter their budget.  
Jostens will be in the Common Area on February 14 & 15, 2024, from 10:30 am to 12:30 pm to assist you with an order or to answer questions.







# PROM NIGHT

Thursday, June 27, 2024

Heritage Pavilion, Stony Plain

- Doors Open at 7pm
- Close at 1:30am Appetizers & Finger Food Graduate + Guest (not a family event)
- DJ, Dance & Photo Booth
- Refreshments
- Sign in & Sign out



MEMORIALCOMPGRADPARENTS

Sign up for the email list.



## NEXT PARENT

### MEETING:

Wednesday, January 24, 2024

Time: 6:30pm – 7:30pm

Location – MCHS Common Area

Follow us on Facebook



# What Happened in



# December??



- 02 - Indigenous Craft Market 10:00-3:00
- 02 - Robotics/Computer Science Field Trip to VEX Competition, Sherwood Park
- 04 - G&G Exec Mtg 6:30
- 07 Choir Winter Peace Christmas Performance - 6:00 & 7:30 performances
- 07 - Transitions Field Trip to Horizon Stage
- 08 - Grad fees due & Student Teacher Last Day
- 13 - Indigenous Education & Transitions field trip to Royal Alberta Museum
- 19 & 20 - Something Rotten.. A Brand New Musical 7:00 Horizon Stage
- 22 - PD Day - No School
- 25-05 - Winter Break



MCHS Choir Karaoke Night



Congratulations to Kaylee coming 4th in the first round of voting for America's Greatest Baker Challenge.

Gingerbread House Decorating





**Bocce Tournament**

**Indigenous Market**



**Memorial's first Indigenous Holiday Market was a Huge Success!! A big shout out goes out to all of the vendors and to everyone in the community who stopped by to support our local Artisans.**

**Thank you to Magpie Junction for donating their mother and daughter earrings to help support our Indigenous Youth Club. This donation raised \$300.00 that will go towards the purchase of supplies for students!**



Memorial Drama put on a terrific musical, **Something Rotten!**  
Performances were on **Dec 19th and 20th**





The Music and Choir students performed their Winter Peace Concert December 7.



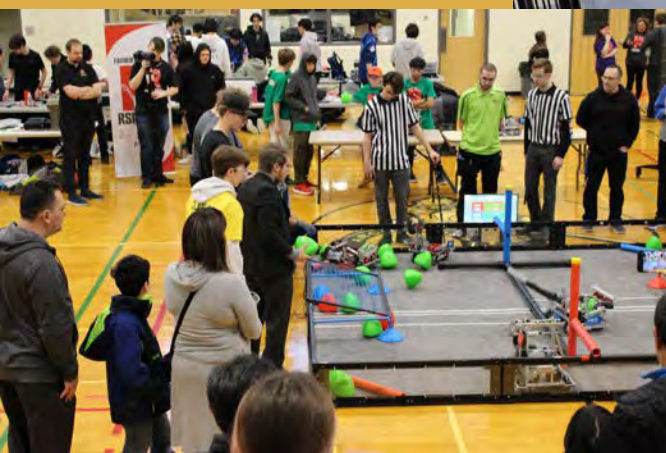


Rotary students organizing donations for the Kinsmen Christmas Hamper



This month the Artisan Hour club has been working on some holiday themed crafts! They made paper Christmas trees, as well as yarn ornaments.

## Robotics Club





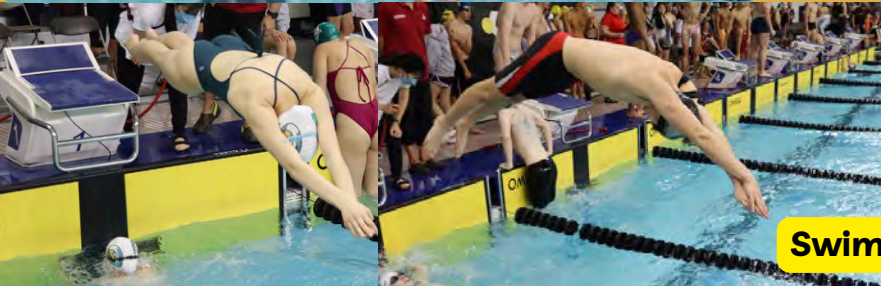
# MARAUDERS ATHLETICS



**Congratulations to  
Hailey Pallister (flag football)  
and Cooper Bourke (volleyball)  
for being named  
Edmonton Metro All Stars.  
This award is impressive  
because it's voted on by all of  
the coaches.**



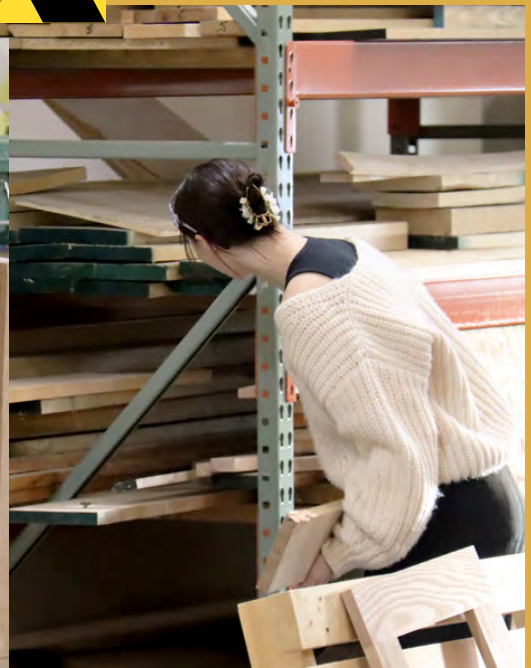
**The Jr. Women's basketball team took  
bronze in the Archbishop Jordan  
tournament.**



**Swim Meet: Dec 1st**



# Construction





# Congratulations



Carter Hicks and Serenity Foley won the River City Weld Off in a competition against students from Edmonton Area Schools.



## Fabrication



CNC Design students were busy making a Christmas tree and some ornaments.



# OUTDOOR ED



**Outdoor Ed students have been enjoying the nicest winter weather ever! Can you believe these photos are from December?!? Some recent Highlights: Wilderness first aid scenarios and survival team challenges!**





Are you interested in business? Do you plan on attending business school after high school? Do you plan on owning your own business one day? Do you enjoy competing against other students? The business club may be right up your alley. It involves travelling to cities in AB, BC, and SK to compete. The business club will be running in room 1068 during Torch Time on Wednesday. Come check it out!

On November 30, the Entrepreneurship took a field trip to the following locations: Emmaline Bags, Rodina Cabinets, Annelida, and Bing's Restaurant. The students got to hear from the entrepreneurs who opened and/or currently operate these businesses. It allowed the students to hear what it took to get their businesses up and running, how they manage to keep their businesses profitable, their struggles and rewards, and much more. Thank you for taking time out of their day to allow us to visit! A special thanks also goes out to the Town of Stony Plain for sponsoring our lunch for the trip.



# FOOD STUDIES

## Foods 30



Liege waffles



Gingerbread houses



Panettone

## Foods 20



Crepes



Cinnamon buns



Focaccia bread

## Foods 10



Grilled sandwiches with wick  
pickled onions



Tea Sandwiches

# MCHS ART





# MCHS ART



# Community Resources

Stony Plain Public Library

Stony Plain Youth Centre

The Town of Stony Plain Community & Social Development Programs including:

- Webinars
- Neighbourhood Connect
- Grief Support
- Support Groups (Living with Loss to Suicide, BILY - Because I Love You, Caring Friends Bereavement Group)

AHS Caregiver Information for the Edmonton Zone - contains the Caregiver Education Team Newsletter

The Green Book - community resource directory for the City of Spruce Grove, Town of Stony Plain and Parkland County

Alberta Health Services

- Find a doctor
- Find programs and services
- Find information and news about a range of health topics
- Stay informed about what is happening in your community

# Indigenous Community Resources

Check out the Metis Nation of Alberta Website

Native Counselling Services of Alberta

The Indigenous Sport Council of Alberta (ISCA) is a non-profit provincial multi-sport organization representing all First Nations, Métis, Inuit and non-Status First Nations peoples in Alberta. The ISCA prides itself in promoting sport, physical activity, recreation and leadership opportunities built on the foundation of culture and traditions of Indigenous peoples in Alberta.



WE HOPE YOU ENJOYED OUR  
NEWSLETTER