

# THE MEMORIAL MEMO

*THE TORCH HELD HIGH*



## This Issue:

- Principal's Message P.1-2
- General Information P.3-5
  - Key Dates / Bell Schedule
  - Powerschool/ School Fees
  - School Council / Green & Gold
  - Torch Time
- Counsellor's Corner P. 6
- Coming Up/Good To Know P.7-10
  - Monday: Torch Time Topics
- Memorial Business P. 10
- Grad 2024 Info P. 11
- Prom Night 2024 Info P. 12
- What Happened in January?
  - P.13-19
- MCHS Athletics P.15
- Construction P. 16
- Outdoor Education P. 16
- MCHS Food Studies P.17
- MCHS Art P. 18-19
- Community Resources P. 20
  - Indigenous Community Resources
  - Caregiver Education Team - Newsletter

See more details about the General Music Showcase on page:14



## PRINCIPAL'S MESSAGE

Dear MCHS Parents,

Welcome Semester Two! We are officially halfway through!

One of the beautiful things about high school is the opportunity to reset for the second half of the school year. Be sure to help your student establish good routines to be successful. Another thing about semester two is that it can seem really broken up. There are PD days, long weekends, and Spring/Easter Break. This might mean your student will need assistance with time management. Please check PowerSchool regularly to help your kids stay on track. It's going to fly by!

Semester Two is shaping up to be exciting. Students will be getting information about the first event, the Bikeathon early next week. It is slated for Friday, March 15. MCHS has raised over \$100 000 for the Alberta Cancer Foundation in the last four years (3 bikeathons because 2021 didn't happen). It's an amazing experience with over 400 students participating last year. It's a great way for students to get involved in the school community. Encourage your kids to check it out!

We are already planning behind the scenes of building next year's timetable. It won't be long until we are asking grade 10 and 11 students to pick their courses for next year, shortly before spring break. It would be worthwhile to have some conversations with your kids about their plan for high school completion and post-secondary. Selecting the right courses can be a critical decision.

For grade 12s it's all about ensuring graduation requirements are in place. Ms. Jewell and Mrs. Nuijens have already released a preliminary grad list a few weeks ago. Final decisions about who is eligible to participate in the ceremony will take place in May.

The days are getting longer. Enjoy the daylight.

Sincerely,  
Ms. Jensen, Principal



# MCHS General Information

## FEBRUARY KEY DATES

01 - Semester 2 First Day of Classes  
05 - Timetable Change Deadline  
05 - First Time Parents Night - 6:00 - 8:00  
Large Gym  
05 - G&G Executive Meeting - 6:30  
06 - MCHS Jr. Girl's Basketball Game - vs  
J. Percy Page 5:30 - 8:00  
08 - 09 - Teachers' Convention - No Classes  
12 - 2024/2025 - Online Registration Opens  
12 - Marauder Music Parents Association  
Meeting 4:00pm  
13 - MCHS Open House & First Time Parents  
Night 5:30-8:00pm  
14-28 Feeder School Visits  
14 - Valentine's Day  
14-15 Jostens Grad Order Days 10:30 - 12:30  
in the Common Area  
16 - PD Day - No Classes  
16 - MCHS Sr. Basketball Tournament  
19 - Family Day - No School  
20 - MCHS Jr. Boy's Basketball Game vs Oscar  
Romero 5:30 - 8:30  
21 - MCHS Sr. Men's Basketball Game vs. St.  
Joseph 5:00 - 9:00  
21 - MCHS Sr. Women's Basketball Game vs.  
Edmonton Christian 5:00 - 9:00  
26 - School Council - 7:00  
28 - Pink Shirt Day

## MARCH KEY DATES

04 - G&G Meeting - 6:30  
04-07 - Grad Photo Retakes  
10 - April 8 - Ramadan  
10 - Daylight Savings Time Begins (forward one hour)  
13 - Parent Teacher Interviews - 5:00-7:00  
15 - Rotary Bikeathon  
17 - St Patrick's Day (Sunday)  
18 - PSD Choral Celebration - 9:00 - Westview Baptist Church  
18 - School Council - 7:00  
21-15 - Choir Trip to Disneyland  
22 - PD Day - No Classes  
23-04 - School Trip to Germany  
23-02 - School Trip to Portugal and Spain  
25 - 01 - Spring Break  
29 - Good Friday



## BELL SCHEDULE

### **Mondays:**

**Block 1 8:30 - 9:55 am**  
**Block 2 10:00 - 11:25 am**  
**Lunch 11:25 - 12:25 pm**  
**Block 3 12:25 - 1:50 pm**  
**Block 4 1:55 - 3:20 pm**

### **Tuesdays-Fridays:**

**Block 1 8:30 - 9:45 am**  
**Block 2 9:50 - 11:05 am**  
**Lunch 11:05 - 12:05 pm**  
**Block 3 12:05 - 1:20 pm**  
**Block 4 1:25 - 2:40 pm**  
**Torch Time 2:45 - 3:20 pm**

## MCHS GRADE ADMINISTRATOR & COUNSELLOR TEAMS

**GRADE 10 - MR. COGHILL/ MS. COX**  
**GRADE 11 - MS. FISK/ MS. MAZEREEUW**  
**GRADE 12 - MS. JEWELL/ MRS. NUIJENS**

## Follow us on social media:



# MCHS General Information

## PowerSchool



This is our parents' primary way to check in on their child's marks/assignments, update contact information, and pay fees.

Sign into your account [here](#). For a [tutorial](#) on how to use PowerSchool, please visit our websites "[For Parents](#)" tab. Please contact Mrs. Campbell at the office if you need assistance accessing your account.

## Reaching Your Child At School

Cell phones can be a distraction and a disruption to classroom learning. Our teachers and your kids have worked hard together to come up with routines so that cellphones are not disrupting class. Here are some things for parents to know about communicating with their kids while they are at school.

During class time, your child has most likely turned off the phone and put it in a pouch on the classroom wall. They may not be able to respond immediately.

You can contact your child during their designated lunch hour:

Mondays: 11:25 - 12:25

Tues-Fri: 11:05 - 12:05

We appreciate your support in reaching your child directly to minimize disruption to classroom instruction. Of course, we are happy to assist in an emergency.

## Reporting an Absence?

Please email [mchs.absence@psd.ca](mailto:mchs.absence@psd.ca)

Please leave your [child's full name, grade, and reason for the absence](#).

If your student is [running late](#), please get them to check in to the office.

## Picking up your child up early?

Please be aware that our phone lines are very busy between 2:45 and 3:30. There have been significant hold times.

To avoid this, please call in earlier in the day to advise of the absence. This will help you and the office. Thanks so much.

## School Fees

Please note that school fees are not visible on the PowerSchool App. Access to all information is only available through the [PowerSchool website](#).

### Payment Options:

- PowerSchool – Fees can only be seen through the parent portal using a browser. Fees can't be seen through the phone app.
- Cheque – Payable to Parkland School Division and may be dropped off or mailed directly to the school.
- Debit or credit – Is available at the high school or Parkland School Division.

If you have any questions, please contact Ms. Miller at the Finance Office.



# MCHS General Information

## School Council

Next Meeting:  
February 26, 2024 @ 7-8:30 pm  
MCHS Conference Room  
All MCHS Parents Welcome!

## Green & Gold Athletics

Next Green & Gold Executive Meetings:  
February 5, 2024 @ 6:30 [Gmeet Link](#)  
&  
March 4, 2024 @ 6:30  
MCHS Conference Room or Google Meet

## Parkland School Division

### Stronger Together Newsletter

Latest Issue: Self-care, Stress & Resilience  
Explore this month's issue for a spotlight on increasing resilience through meditation and art. . And tons of community resources and contacts.

[Click here to view all Stronger Together Newsletters from Parkland School Division](#) which includes learning opportunities in the Strong Families series.

### [Green & Gold Website](#)



**IVOLUNTEER SIGN UP - HAPPY VOLUNTEERING!**  
If you have any questions about your current point balance or those still required; please email: [volunteercoordinator@greenandgoldathletics.com](mailto:volunteercoordinator@greenandgoldathletics.com)



## TORCH TIME

### IMPORTANT REMINDERS:


- *Monday Torch Time is integrated into class time and therefore, Mondays will run on a full day bell schedule with dismissal continuing to be at 3:20 pm. This changes lunch time on Mondays to 11:25 am - 12:25 pm.*
- *Tuesdays to Fridays will continue to have Torch Time scheduled from 2:45 - 3:20 pm and lunch will run from 11:05 am - 12:05 pm.*
- **Students and the school are still accountable for the whereabouts of students until the end of the full school day. All students need to be signed up for a Torch Session every Tuesday to Friday through PowerSchool.**
- **Parents and teachers can also sign up a student for a Torch Session. Students cannot unenroll from those sessions. There is a video below explaining to parents how they can sign their child up for a session.**
- **If a student is in good standing (meeting the expectations of their teachers, parents, and themselves) and have all of their assignments submitted to a passing level, they may use that time for a personal interest Torch Session (Open Gym, Fitness Training, etc.) or sign up to be Off Campus With Parent Approval. Students are also encouraged to sign up for academic sessions if they wish to improve their marks.**

[Video - How to sign up for Torch Time using a phone](#)

[Video - How to sign up for Torch Time on PowerSchool Website](#)

# COUNSELLORS' CORNER

Welcome back to fresh beginnings for semester 2! We hope that you have a successful second semester and enjoy your new classes. Make the most out of it!



*Pink Shirt Day* is **Wednesday, February 28th**. Wear pink and show that you stand against bullying!! Bullying is a problem everywhere - in school, the workplace, at home and online. Over the month of February, we would like to raise awareness of these issues and support programs that foster healthy self-esteem. Stay tuned for more events in May as we celebrate Mental Health Week.

Counsellors will be visiting middle-year schools to help prepare grade 9's transitioning to high school. *Open House* for New Grade 10 students and their parents will be held on **February 13th, 2024**, please see the website for further information. Pass this information on to any families of grade 9 students that you know.

If you need assistance with post-secondary options, career ideas, scholarships and/or personal matters please do not hesitate to make an appointment with Student Services.



Grade 10 - Ms. Cox

Grade 11 - Ms. Mazeereuw

Grade 12 - Mrs. Nuijens



Coming  
Up!

Good To  
Know!

## MONDAY: TORCH TIME TOPICS

**Feb 12:** Monday Lesson - Black History Month & Bikeathon Promotion

**Feb 19:** Monday Lesson - **No School** - *TT Sign Up Tues Blk 1*

**Feb 26:** Monday Lesson - Pink Shirt Day (Feb 28)

**Mar 4:** Monday Lesson - International Women's Day (Mar 8)

*Based on feedback from the School Council, we are providing families with the topics of upcoming Monday Torch Lessons so that family conversations can follow the lessons. Kids can share what they have learned with parents which can lead into a family conversation regarding values surrounding the topic.*



## 2024-2025 REGISTRATION OPENS FEBRUARY 12

All Pre-Kindergarten to Grade 12 registrations for both new and returning students will be conducted online for the 2024-2025 school year.

### Important Registration Dates

- **Friday, March 22, 2024 at 4:30pm** - Registration **deadline**. For further information, visit our [Registration page](#).
- **Thursday, June 20, 2024** - Bus pass deadline to make payment arrangements or pay-in-full.

### 2023/2024 Registration

**Important:** The 2023-2024 students may still register in Parkland School Division for the balance of the 2023-2024 school year. When registering for the remainder of 2023-2024, please remember to **'Select School Year': 2023-2024**



## MEMORIAL COMPOSITE HIGH SCHOOL **OPEN HOUSE EVENTS**

IN ADVANCE OF THE 2024-2025 SCHOOL YEAR



**PARKLAND  
SCHOOL DIVISION**

### **First-Time Parent Info. Night**

*THIS EVENT IS FOR PARENTS/GUARDIANS ONLY*

**Monday, February 5, 2024 from 6–7 p.m.**

50 Westerra Centre, Stony Plain

This event will take place in the large gym and is designed for parents/guardians seeing their first child move into high school. The evening will give parents the opportunity to become familiar with the school and to meet members of the administration as well as counsellors. We'll provide an overview of the registration and course selection process for parents.

### **Grade 9 Open House**

**Tuesday, February 13, 2024 from 5:30–8 p.m.**

50 Westerra Centre, Stony Plain

After a brief presentation in the large gym, students and parents/guardians are invited to tour the school, visiting core and options classrooms. All labs and options will be in full operation, giving attendees a chance to preview the unique aspects of each available course. Bring your questions and enthusiasm, and we'll help to explain and ease the transition into high school.

**[mchs.psd.ca](http://mchs.psd.ca)**



Coming  
Up!

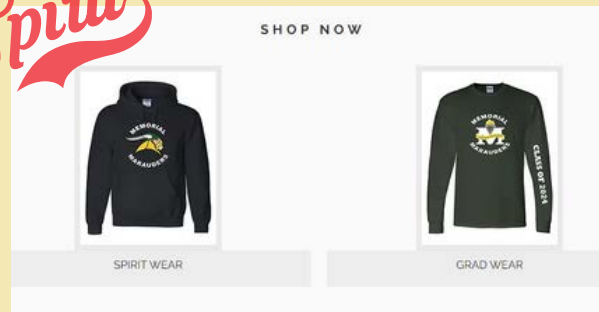
Good To  
Know!

**NO SCHOOL**  
TEACHERS' CONVENTION  
FEBRUARY 8 & 9  
PD DAY  
FEBRUARY 16  
FAMILY DAY  
FEBRUARY 19

### MCHS 2024 Ski Trip

If you are interested in coming on the ski trip to Fernie Feb 15-18, please look on Your Grade level Google Classroom and complete the Interest Form. Based on interest Mr Coghill and Ms. Jewell will be setting up an information meeting and giving forms out to those who are in good standing at the school. This includes attendance, marks, and behaviour.

*School  
Spirit*



→ **ORDER HERE!** ←

**Applications for next year's in-person, 3-month high school Alberta/Germany Exchange program are now open for registration!**

What does this program offer?

- Supercharge your German!
- See the world!
- Explore potential post-secondary and career opportunities
- Live and learn in one of the economic and cultural powerhouses of Europe

This program is available to students who will be taking German 30 or Advanced German at MCHS next year. (So current Grade 11s and maybe 12s) But don't worry Grade 10s; you can apply in the future too.

Hurry though! Applications are due to Mr. Goulet by March 1st. (And they can be complex, so come see Mr Goulet ASAP if you are interested or for more information)

Coming  
Up!

Good To  
Know!



Memorial Composite High School Annual Bikeathon will be held on *Friday, March 15, 2024*

Important Information meeting will be held on **Tuesday, February, 13** at *lunch time* in the main gymnasium.



Memorial's Business Competition Club is sending two teams to SAIT in Calgary to compete in the annual Case Clash on March 23-24. Team one consists of Hunter Hollands, Barrett Ellert, Jeanne Kubota, and Jaden Van Dasselaar. Team two is made up of Maria Verdugo, Hailey Janzen, Bryden Pawluk, and Quinlan Presley.

Both teams will be competing for cash prizes in the amount of:

\$700 for first place

\$500 for second place

\$300 for third place



Later this spring Memorial will also be sending teams to compete in the SBTA High School Case Competition in Saskatoon.

Students who are interested in joining the business competition club are encouraged to talk to Mr. Stuckey in room 1068.

# Graduation



## Grad 2024

Thursday, June 27, 2024

Edmonton Convention Centre

Time: 2:00pm

2024 Grad Fee Form - Has been posted on the [website](#) and the PowerSchool Parent Portal.  
2024 Grad Handbook - Has been posted on the [website](#) and in the Grade 12 Google Classroom.

### **Jostens Class Rings & Graduation Keepsakes:**

MCHS Class of 2024 students can [design and order a Jostens class ring online](#).

Jostens also offers several [graduation products](#) at a lower cost than that of a class ring, so students can celebrate their commencement no matter their budget.

Jostens will be in the Common Area on February 14 & 15, 2024, from 10:30 am to 12:30 pm to assist you with an order or to answer questions.

### **Graduation Photo Retakes or First Time Photos:**

Graduation photo retakes will be held March 4 - 7, 2024 at MCHS. Retake photo appointment reservations open at 9:00 am on February 13, 2024, and can be made with the Lifetouch Appointment Plus online scheduling system. Proofs from the first photo session must be handed in at the time of retakes or a fee of \$25.00 for the second set will be imposed by Lifetouch. The fee is payable directly to the photographer at the retake session.

Students who wish to have a photo taken with their pet must schedule an appointment for a portrait session at the Lifetouch Studio in Edmonton by calling 780-437-2431. Graduation fees must be paid prior to booking a session at the studio. Studio appointments must be scheduled before March 29, 2024 to meet the production deadlines of the yearbook, class composite and the grad ceremony slideshow.

### **Graduation Ceremony Tickets:**

Online ticket sales run from June 1 until June 20, 2024. Ticket prices and number of tickets per graduate **to be determined**.





# PROM NIGHT

Thursday, June 27, 2024

Heritage Pavilion, Stony Plain

- Doors Open at 7pm
- Close at 1:30am Appetizers & Finger Food Graduate + Guest (not a family event)
- DJ, Dance & Photo Booth
- Refreshments
- Sign in & Sign out



MEMORIALCOMPGRADPARENTS

Sign up for the email list.



## NEXT PARENT

### MEETING:

Wednesday, January 24, 2024

Time: 6:30pm - 7:30pm

Location - MCHS Common Area

Follow us on Facebook



# What Happened in January??

- 08 - Return from Winter Break
- 08 - G & G Executive Meeting - 6:30
- 10 - English Diploma - Part A
- 11 - Social Diploma - Part A
- 12 - MCHS Jr. Basketball Tournament
- 13 - LAWS Divisional PD - No Classes
- 17 - Personal Fitness field trip to Fitset Ninja
- 19 - Last Day of Classes
- 22-30 School Exams
- 22 - Math Diploma
- 22 - School Council - 7:00
- 22-26 - Grad Photos
- 23 - English Diploma - Part B
- 24 - Social Diploma - Part B
- 25 - Biology Diploma
- 26 - Chemistry Diploma
- 29 - Physics Diploma
- 30 - Science 30 Diploma
- 31 - High School Turnaround Day - No classes





# General Music Showcase

General Music hosted a wonderful Showcase last week, with 15 musical acts and a great audience of friends and family. We heard everything from an amazing Metallica guitar solo, to a string quartet playing Beethoven. It was entirely student-led, right down to making the tickets, and hosting. The students did a tremendous job!



# Construction



Mr. Golka from the Edmonton Woodturners Guild spent the last 2 years teaching Mr. Clarke and students how to build a CNC machine from scratch.

It is now up and running! What an awesome learning experience for all involved.

## MARAUDERS ATHLETICS



Basketball is getting busy this month with league games with all teams pushing to the playoffs.

Badminton tryouts are on **Feb. 6-7 from 3:30-5:30 pm.**

Handball for both men's and women's teams will start up by the middle of February so keep your eyes out for information.





# OUTDOOR ED



**Outdoor Ed students went to Vertically Inclined this last month and got to put their knot tying skills to use bouldering and top roping at the climbing gym.**





# FOOD STUDIES

## Foods 30



Ratatouille



Pasta Preparation



Doughnut Day- Traditional, jelly and Italian

## Foods 20



California Rolls



Paella



Gyoza

## Foods 10



Sweet and Sour Pineapple  
Pork Loin with Rice

# MCHS ART





# MCHS ART



# Community Resources

[Stony Plain Public Library](#)

[Stony Plain Youth Centre](#)

[The Town of Stony Plain Community & Social Development Programs](#) including:

- Webinars
- Neighbourhood Connect
- Grief Support
- Support Groups (Living with Loss to Suicide, BILY - Because I Love You, Caring Friends Bereavement Group)

[AHS Caregiver Information for the Edmonton Zone](#) - contains the [Caregiver Education Team Newsletter](#)

[Alberta Health Services](#)

- Find a doctor
- Find programs and services
- Find information and news about a range of health topics
- Stay informed about what is happening in your community

## Indigenous Community Resources

Check out the [Metis Nation of Alberta Website](#)

[Native Counselling Services of Alberta](#)

[The Indigenous Sport Council of Alberta \(ISCA\)](#) is a non-profit provincial multi-sport organization representing all First Nations, Métis, Inuit and non-Status First Nations peoples in Alberta. The ISCA prides itself in promoting sport, physical activity, recreation and leadership opportunities built on the foundation of culture and traditions of Indigenous peoples in Alberta.



WE HOPE YOU ENJOYED OUR  
NEWSLETTER